

April 2024 – Classes

Valleywise Community Health Center – Mesa
 Family Resource Center
 950 E. Main St., Mesa, AZ 85203 | 602-655-6206



| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
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| 01 <ul style="list-style-type: none"> ● 10:30 am – Storytime ● 1 pm – Zumbini® | 02 <ul style="list-style-type: none"> ● 10 am – Computdopt's Digital Skills Builder Program (Registration Required) ● 11:30 am – ESL Café | 03 <ul style="list-style-type: none"> ◆ 9:30 am – Play & Learn ● 10:30 am – Dance Party: Music and Movement | 04 <ul style="list-style-type: none"> ◆ 9 am – Women's Self-Improvement Series ● 10 am – Computdopt's Digital Skills Builder Program (Registration Required) ◆ 10:30 am – Zumbini® ● 11:30 am – Adult Craft Hour | 05 <ul style="list-style-type: none"> ● 11 am – Safe Sleep for Babies | 06 Valleywise Health Community Celebration 11am – 3 pm New Valleywise Health Medical Center 2601 E Roosevelt St, Phoenix, AZ 85008 |
| 08 <ul style="list-style-type: none"> ● 10 am – Week of the Young Child® (WOYC) - Music Monday ● 11 am – ZooToYou - Expedition Arizona ● 1 pm – Zumbini® | 09 <ul style="list-style-type: none"> ● 8:30 am – Car Seat Program (Registration Required) ● 10 am – Computdopt's Digital Skills Builder Program (Registration Required) ● 11:30 am – Week of the Young Child® (WOYC) - Tasty Tuesday ◆ 5 pm – Safe Sleep for Babies | 10 <ul style="list-style-type: none"> ◆ 9:30 am – Play & Learn ● 10:30 am – Week of the Young Child® (WOYC) - Work Together Wednesday | 11 <ul style="list-style-type: none"> ◆ 9 am – Women's Self-Improvement Series ● 10:30 am – Week of the Young Child® (WOYC) - Artsy Thursday ◆ 10:30 am – Zumbini® | 12 <ul style="list-style-type: none"> ● 10:30 am – Week of the Young Child® (WOYC) - Family Friday | 13 |
| 15 <ul style="list-style-type: none"> ● 10:30 am – Diggin' Dinos ● 1 pm – Zumbini® | 16 <ul style="list-style-type: none"> ● 10 am – Computdopt's Digital Skills Builder Program (Registration Required) ● 11:30 am – ESL Café | 17 <ul style="list-style-type: none"> ◆ 9:30 am – Play & Learn ● 10:30 am – Fun Arts | 18 <ul style="list-style-type: none"> ◆ 9 am – Women's Self-Improvement Series ● 10 am – Computdopt's Digital Skills Builder Program (Registration Required) ◆ 10:30 am – Zumbini® ● 11:30 am – Adult Craft Hour | 19 <ul style="list-style-type: none"> ● 11 am – Safe Sleep for Babies | 20 |
| 22 <ul style="list-style-type: none"> ● 1 pm – Zumbini® | 23 <ul style="list-style-type: none"> ● 10 am – Computdopt's Digital Skills Builder Program (Registration Required) ● 11:30 am – ESL Café ◆ 5 pm – Safe Sleep for Babies | 24 <ul style="list-style-type: none"> ◆ 9:30 am – Play & Learn ● 10:30 am – Sensory Play | 25 <ul style="list-style-type: none"> ◆ 9 am – Women's Self-Improvement Series ● 10 am – Computdopt's Digital Skills Builder Program (Registration Required) ◆ 10:30 am – Zumbini® ● 12 pm – FRC Closed | 26 <ul style="list-style-type: none"> ● 10 am – ZooToYou - Animal Habitats | 27 |
| 29 <ul style="list-style-type: none"> ● 1 pm – Zumbini® | 30 <ul style="list-style-type: none"> ● 10:30 am – Baby Massage (Registration Required) ● 11:30 am – ESL Café | | | | Hours: Monday: 8 am - 4:30 pm Tuesday: 8 am - 4:30 pm Wednesday: 8 am - 4:30 pm Thursday: 8 am - 4:30 pm Friday: 8 am - 4:30 pm |

● In person | ◆ Virtual

valleywisehealth.org/FRC | frc@valleywisehealth.org