August 2025 – Classes

Valleywise Community Health Center – North Phoenix Family Resource Center 2025 W. Northern Ave., Phoenix, AZ 85021 | 602-655-6306



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Hours: Monday: 8 am - 4:30 pm Tuesday: 8 am - 4:30 pm Wednesday 8 am - 4:30 pm Thursday: 8 am - 4:30 pm Friday: 8 am - 4:30 pm				01 • 10 am – Zumbini®	02
04 • 10:30 am – STEM for Littles-Watermelon Volcano	05 • 10:30 am – Adult Craft Hour	06 ■ 10:30 am – Traveling Teddy	07 ■ 10:30 am – Sensory Play - Watermelon Alphabet ➡ 10:30 am – Zumbini® ➡ 11 am – Breastfeeding Bingo	08 • 10 am – Zumbini® • 12 pm – FRC Closed	09
11 • 10:30 am – Math Fun-Sunny Counting Fun	12 ■ 10:30 am – Adult Craft Hour ■ 1:30 pm – Car Seat Safety* ■ 5 pm – Safe Sleep	13 • 10:30 am – Traveling Teddy • 1:30 pm – Safe Sleep	14 ◆ 10:30 am – Zumbini®	15 • 10 am – Zumbini® • 11 am – Storytime and Fun Arts	16
18 • 11 am – Fun with Music	19 • 10:30 am – Adult Craft Hour • 1:30 pm – Family & Friends® CPR	20 • 10:30 am – Traveling Teddy	21 FRC Closed	22 • 10 am – Zumbini® • 11 am – ZooToYou - Colorful Creatures	23
25 • 11 am – Puppet Theater	26 ■ 10:30 am – Adult Craft Hour ■ 12 pm – FRC Closed ■ 5 pm – Safe Sleep	27 • 10:30 am – Traveling Teddy	28 FRC Closed	29 • 10 am – Zumbini® • 11 am – Storytime and Fun Arts	30