

August 2025 – Classes

Valleywise Comprehensive Health Center – Peoria
Family Resource Center
8088 W. Whitney Dr. Peoria, AZ 85345 | 602-655-2240



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Hours: Monday: 8 am - 4:30 pm Tuesday: 8 am - 4:30 pm Wednesday: 8 am - 4:30 pm Thursday: 8 am - 4:30 pm Friday: 8 am - 4:30 pm				01 ● 11 am – Fun Arts	02
04 ● 9:30 am – Zumbini® ● 10:30 am – Fun Arts for Babies	05 ● 9 am – Family & Friends® CPR ● 11 am – Diggin' Dinos	06 ● 10 am – Friends in Our Community: Family, Friend and Neighbor Caregiver Institute ● 11 am – Raising a Reader	07 ◆ 10:30 am – Zumbini® ● 11 am – Adult Craft Hour ◆ 11 am – Breastfeeding Bingo	08 ● 12 pm – FRC Closed	09
11 ● 9:30 am – Zumbini® ● 10:30 am – Creative Play for Babies	12 ● 11 am – Car Seat Safety* ◆ 5 pm – Safe Sleep	13 ● 11 am – Raising a Reader ● 2 pm – MyChart	14 ● 10 am – ZooToYou - Animal Habitats ◆ 10:30 am – Zumbini® ● 1 pm – Newborn Care	15 ● 11 am – BINGO	16
18 ● 9 am – 9am - 4pm Friends in Our Community: WIC ● 9:30 am – Zumbini®	19 ● 11 am – Preschool Science on Wheels - 3-2-1 Blastoff ● 2 pm – Organize Your Family's Health Care Information	20 ● 11 am – Raising a Reader ● 2 pm – Fun Arts	21 FRC Closed	22 ● 11 am – Storytime and Fun Arts	23
25 ● 9:30 am – Zumbini® ● 10:30 am – Storytime for Babies	26 ● 11 am – Creative Play ● 12 pm – FRC Closed ◆ 5 pm – Safe Sleep	27 ● 11 am – Raising a Reader	28 FRC Closed	29 ● 10 am – Bike Helmet Give-A-Way ● 11 am – Healthy Smiles	30

● In person | ◆ Virtual

valleywisehealth.org/FRC | frc@valleywisehealth.org

***Registration Required**