

August 2025 – Classes

Valleywise Comprehensive Health Center – Phoenix
Family Resource Center
2525 E. Roosevelt St., Phoenix, AZ 85008 | 602-344-1352



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Hours:</p> <p>Monday: 8 am - 4:30 pm Tuesday: 8 am - 5:30 pm Wednesday: 8 am - 4:30 pm Thursday: 8 am - 4:30 pm Friday: 8 am - 4:30 pm Saturday 8/2: 8:30 am – 11 am</p>				<p>01</p> <ul style="list-style-type: none"> ● 10 am – Preschool Science on Wheels - All About Arizona ● 11 am – Fun Arts - Dinosaurs 	<p>02</p> <ul style="list-style-type: none"> ● 8:30 am – Craft-To-Go <p>Join us in the new hospital cafeteria for a make and take craft. Learn more about the FRC programs and services.</p>
<p>04</p> <ul style="list-style-type: none"> ● 9:30 am – Intro Wired for Success ● 10:30 am – Alphabet Soup 	<p>05</p> <ul style="list-style-type: none"> ● 9 am – Zumbini® ● 10 am – Kinder Readiness 	<p>06</p> <ul style="list-style-type: none"> ● 9 am – Healthy Smiles ● 10 am – BINGO 	<p>07</p> <ul style="list-style-type: none"> ● 9 am – Raising a Reader ◆ 10:30 am – Zumbini® ◆ 11 am – Breastfeeding Bingo ● 11 am – Potty Training Workshop 	<p>08</p> <ul style="list-style-type: none"> ● 12:30 pm – FRC Closed 	<p>09</p>
<p>11</p> <ul style="list-style-type: none"> ● 11 am – It's Scrapbooking Time ● 2 pm – Bike Helmet Give-A-Way 	<p>12</p> <ul style="list-style-type: none"> ● 9 am – Zumbini® ● 10 am – Kinder Readiness ◆ 5 pm – Safe Sleep 	<p>13</p> <ul style="list-style-type: none"> ● 9 am – Newborn Care ● 10 am – Fun Arts 	<p>14</p> <ul style="list-style-type: none"> ● 9 am – Car Seat Safety* ◆ 10:30 am – Zumbini® ● 11 am – ZooToYou - Animal Kingdom 	<p>15</p> <ul style="list-style-type: none"> ● 10 am – Creative Supports 	<p>16</p>
<p>18</p> <ul style="list-style-type: none"> ● 10 am – MyChart ● 11 am – It's Scrapbooking Time 	<p>19</p> <ul style="list-style-type: none"> ● 9 am – Zumbini® ● 10 am – Kinder Readiness 	<p>20</p> <ul style="list-style-type: none"> ● 10 am – Fun Arts ● 2 pm – Family & Friends® CPR 	<p>21</p> <p>FRC Closed</p>	<p>22</p> <ul style="list-style-type: none"> ● 10 am – Creative Supports 	<p>23</p>
<p>25</p> <ul style="list-style-type: none"> ● 10 am – Storytime ● 11 am – It's Scrapbooking Time 	<p>26</p> <ul style="list-style-type: none"> ● 9 am – Zumbini® ● 10 am – Kinder Readiness ● 12 pm – FRC Closed ◆ 5 pm – Safe Sleep 	<p>27</p> <ul style="list-style-type: none"> ● 9:30 am – STEM for Littles ● 10 am – Fun Arts 	<p>28</p> <p>FRC Closed</p>	<p>29</p> <ul style="list-style-type: none"> ● 10 am – Creative Supports 	<p>30</p>