

# August 2025 – Classes

Valleywise Community Health Center – South Phoenix/Laveen  
Family Resource Center  
5650 S. 35<sup>th</sup> Ave, Phoenix, AZ 85041 | 602-655-6406



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Hours:</p> <p>Monday: 8 am - 4:30 pm Tuesday: 8 am - 4:30 pm Wednesday: 8 am - 4:30 pm Thursday: 8 am - 4:30 pm Friday: 8 am - 4:30 pm</p>				<p>01</p> <p>● 10 am – Adult Craft Hour</p>	<p>02</p>
<p>04</p>	<p>05</p> <p>● 10 am – Wellness Warriors ● 1 pm – Zumbini®</p>	<p>06</p> <p>● 10 am – Raising a Reader * ● 1:30 pm – Diggin' Dinos</p>	<p>07</p> <p>● 8:30 am – Car Seat Safety* ◆ 10:30 am – Zumbini® ◆ 11 am – Breastfeeding Bingo</p>	<p>08</p> <p>● 8:30 am – Family &amp; Friends® CPR ● 12 pm – FRC Closed</p>	<p>09</p>
<p>11</p> <p>● 9:30 am – Farm Express Mobile Market</p>	<p>12</p> <p>● 10 am – Wellness Warriors ● 1 pm – Zumbini® ◆ 5 pm – Safe Sleep</p>	<p>13</p> <p>● 10 am – Raising a Reader *</p>	<p>14</p> <p>● 9 am – Organize Your Family's Health Care Information ● 10 am – Sensory Play ◆ 10:30 am – Zumbini®</p>	<p>15</p> <p>● 10 am – Adult Craft Hour</p>	<p>16</p>
<p>18</p>	<p>19</p> <p>● 10 am – Wellness Warriors ● 1 pm – Zumbini®</p>	<p>20</p> <p>● 10 am – Raising a Reader * ● 2 pm – It's Scrapbooking Time*</p>	<p>21</p> <p>FRC Closed</p>	<p>22</p> <p>● 9 am – MyChart</p>	<p>23</p>
<p>25</p> <p>● 9:30 am – Farm Express Mobile Market</p>	<p>26</p> <p>● 10 am – Wellness Warriors ● 1 pm – Zumbini® ◆ 5 pm – Safe Sleep</p>	<p>27</p> <p>● 10 am – Raising a Reader *</p>	<p>28</p> <p>FRC Closed</p>	<p>29</p>	<p>30</p>