

August 2025 – Classes

Valleywise Community Health Center – South Central Phoenix
Family Resource Center
33 W. Tamarisk St., Phoenix, AZ 85041 | 602-344-6660



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Hours:</p> <p>Monday: 8 am - 4:30 pm Tuesday: 8 am - 5:30 pm Wednesday: 8 am - 4:30 pm Thursday: 8 am - 4:30 pm Friday: 8 am - 4:30 pm Saturday 8/2: 8 am – 11:30 am</p>				<p>01 ● 10 am – Diggin' Dinos</p>	<p>02 FRC Open 8am – 11:30am ● 10:15 am – Fun Arts</p>
<p>04 ● 9:30 am – Farm Express Mobile Market</p>	<p>05 ● 10 am – Play & Learn</p>	<p>06 ● 10:30 am – Zumbini®</p>	<p>07 ● 9:30 am – Potty Training Workshop ◆ 10:30 am – Zumbini® ◆ 11 am – Breastfeeding Bingo</p>	<p>08 ● 9 am – Bike Helmet Give-A-Way ● 11 am – Fun Arts ● 12 pm – FRC Closed</p>	<p>09</p>
<p>11 ● 10:30 am – Family & Friends® CPR</p>	<p>12 ● 10 am – Play & Learn ● 11 am – Healthy Smiles ◆ 5 pm – Safe Sleep</p>	<p>13 ● 10:30 am – Zumbini®</p>	<p>14 ● 8:30 am – Car Seat Safety* ◆ 10:30 am – Zumbini®</p>	<p>15 ● 10 am – Intro Wired for Success</p>	<p>16</p>
<p>18 ● 9:30 am – Farm Express Mobile Market</p>	<p>19 ● 10 am – Play & Learn</p>	<p>20 ● 10:30 am – Zumbini®</p>	<p>21 FRC Closed</p>	<p>22 ● 10 am – Kinder Readiness</p>	<p>23</p>
<p>25</p>	<p>26 ● 10 am – Play & Learn ● 11 am – MyChart ● 12 pm – FRC Closed ◆ 5 pm – Safe Sleep</p>	<p>27 ● 10:30 am – Zumbini® ● 11:30 am – Criar un Lector</p>	<p>28 FRC Closed</p>	<p>29 ● 10 am – Kinder Readiness</p>	<p>30</p>

● In person | ◆ Virtual

valleywisehealth.org/FRC | frc@valleywisehealth.org

***Registration Required**