

August 2025 – Classes

Valleywise Community Health Center – West Maryvale
Family Resource Center
7808 W Thomas Rd, Phoenix, AZ 85033 | 602-655-6906



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Hours: Monday 8 am - 4:30 pm Tuesday 8 am - 5:30 pm Wednesday 8 am - 4:30 pm Thursday 8 am - 4:30 pm Friday 8 am - 4:30 pm Saturday 8/2: 8 am - 11:30 am				01 ● 10 am – Intro Wired for Success ● 1 pm – MyChart	02 FRC Open 8am – 11:30am ● 9:30 am – Diggin' Dinos
04 ● 10 am – Start with Music	05 ● 9:30 am – Baby Signing Time® * ● 11 am – Potty Training Workshop ● 4 pm – Creative Play	06 ● 9 am – Zumbini® ● 10 am – Preschool Science on Wheels - Its Slime Time!	07 ● 10 am – Kinder Readiness ◆ 10:30 am – Zumbini® ◆ 11 am – Breastfeeding Bingo ● 1 pm – Safe Sleep *	08 ● 12 pm – FRC Closed	09
11 ● 10 am – Start with Music	12 ● 9:30 am – Baby Signing Time® * ● 10:30 am – Friends in Our Community: SWHD (Side by Side Program) ● 4 pm – Fun Arts ◆ 5 pm – Safe Sleep	13 ● 9 am – Zumbini® ● 10 am – ZooToYou - Expedition Arizona	14 ● 10 am – Kinder Readiness ◆ 10:30 am – Zumbini®	15 ● 10 am – Sensory Play	16
18 ● 10 am – Start with Music	19 ● 9:30 am – Baby Signing Time® * ● 11 am – Car Seat Safety * ● 4 pm – Fun Arts	20 ● 9 am – Zumbini® ● 10 am – Kinder Readiness	21 FRC Closed	22 ● 11 am – Play & Learn	23
25 ● 10 am – Start with Music	26 ● 9:30 am – Baby Signing Time® * ● 12 pm – FRC Closed ◆ 5 pm – Safe Sleep	27 ● 9 am – Zumbini® ● 10 am – Kinder Readiness	28 FRC Closed	29 ● 10 am – Math for Littles	30