

December 2025 – Classes

Valleywise Comprehensive Health Center – Phoenix
Family Resource Center
2525 E. Roosevelt St., Phoenix, AZ 85008 | 602-344-1352



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
01 10 am – It's Scrapbooking Time 11 am – BINGO	02 9 am – Zumbini® 10 am – Walking Club 11 am – Sensory Play	03 10 am – Fun Arts	04 9 am – Women's Self-Improvement Series★ 10 am – Dance Party: Music and Movement 11 am – ZooToYou - Bug Buddies	05 10 am – Preschool Science on Wheels	06
08 9 am – Car Seat Safety★ 2 pm – Family & Friends® CPR	09 9 am – Zumbini® 10 am – Walking Club 2 pm – Organize Your Family's Health Care Information 5 pm – Safe Sleep	10 9 am – Newborn Care 2 pm – MyChart	11 9 am – Women's Self-Improvement Series★ 10 am – Family Advisory Committee★ 11 am – Joyful Holiday	12 10 am – Creative Play	13 8:30 am – Craft-To-Go Join us in the new hospital cafeteria for a make and take craft. Learn more about the FRC programs and services.
15 2 pm – Board Games	16 9 am – Zumbini® 10 am – A Healthy Holiday	17 10 am – Fun Arts 12pm – Closed	18 9 am – Hot Cocoa and Cookie Event 10 am – Creative Supports	19 10 am – STEM for Littles	20
22 10 am – Holiday Arts	23 9 am – Zumbini® 10 am – Walking Club	24 10 am – Holiday Arts 12pm – Closed	25 Closed	26 10 am – Creative Play	27
29	30 9 am – Zumbini® 10 am – Walking Club 5 pm – Safe Sleep	31 12pm – Closed			Hours: Monday: 8 am - 4:30 pm Tuesday: 8 am - 5:30 pm Wednesday: 8 am - 4:30 pm Thursday: 8 am - 4:30 pm Friday: 8 am - 4:30 pm