

December 2025 – Classes

Valleywise Community Health Center – South Phoenix/Laveen
Family Resource Center
5650 S. 35th Ave, Phoenix, AZ 85041 | 602-655-6406



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
01 ● 9:30 am – Farm Express Mobile Market	02 ● 11:30 am – It's Scrapbooking Time ● 1 pm – Zumbini® ● 2 pm – Wellness Warriors	03 ● 2 pm – Preschool Science on Wheels - Icy Investigation	04 ● 9 am – MyChart ◆ 9 am – Women's Self-Improvement Series★ ◆ 10:30 am – Zumbini® ● 11 am – A Healthy Holiday ● 12 pm – Joyful Holiday★	05 ● 10 am – Adult Craft Hour	06
08	09 ● 8:30 am – Car Seat Safety★ ● 1 pm – Zumbini® ● 2 pm – Wellness Warriors ◆ 5 pm – Safe Sleep	10 ● 2 pm – ZooToYou ● 3 pm – Phoenix Sky Harbor International Airport - Airport Parent Chat	11 ◆ 9 am – Women's Self-Improvement Series★ ● 9:30 am – Fun Arts ◆ 10:30 am – Zumbini®	12 ● 10 am – Family & Friends® CPR	13
15 ● 9:30 am – Farm Express Mobile Market	16 ● 1 pm – Zumbini® ● 2 pm – Wellness Warriors	17 12pm – Closed	18 ◆ 10:30 am – Zumbini® ● 11 am – Family Advisory Committee★	19 ● 10 am – Adult Craft Hour	20
22 ● 2 pm – Preschool Science on Wheels - Build it	23 ● 1 pm – Zumbini® ● 2 pm – Wellness Warriors	24 12pm – Closed	25 Closed	26 ● 9 am – Organize Your Family's Health Care Information	27
29	30 ● 1 pm – Zumbini® ● 2 pm – Wellness Warriors ◆ 5 pm – Safe Sleep	31 12pm – Closed			Hours: Monday: 8 am - 4:30 pm Tuesday: 8 am - 4:30 pm Wednesday: 8 am - 4:30 pm Thursday: 8 am - 4:30 pm Friday: 8 am - 4:30 pm

● In person | ◆ Virtual

valleywisehealth.org/FRC | frc@valleywisehealth.org

★ Registration Required