

December 2025 – Classes

Valleywise Community Health Center – South Central Phoenix
Family Resource Center
33 W. Tamarisk St., Phoenix, AZ 85041 | 602-344-6660



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
01 ● 10:30 am – Conversation Café	02 ● 8:30 am – Car Seat Safety★	03 ● 10:30 am – Zumbini® ● 4 pm – Joyful Holiday	04 ◆ 9 am – Women's Self-Improvement Series★ ◆ 10:30 am – Zumbini®	05 ● 10 am – Adult Craft Hour	06 10 am – 1 pm Roosevelt Children's Holiday Resource & Health Event ★ Martin Luther King Jr. Early Childhood Center / Community HUB 4615 S. 22nd St. Phoenix, AZ 85040
08 ● 9:30 am – Farm Express Mobile Market ● 10:30 am – Conversation Café	09 ● 10:30 am – Family Advisory Committee★ ◆ 5 pm – Safe Sleep	10 ● 10:30 am – Zumbini®	11 ◆ 9 am – Women's Self-Improvement Series★ ● 10 am – A Healthy Holiday ◆ 10:30 am – Zumbini®	12 ● 10 am – Adult Craft Hour ● 11 am – ZooToYou - Fairytails	13
15 ● 10 am – Family & Friends® CPR	16 ● 11 am – Preschool Science on Wheels - Scribble Bots	17 ● 10:30 am – Zumbini® 12pm – Closed	18 ● 10 am – Hockey on Ice: Winter STEAM Adventures ◆ 10:30 am – Zumbini®	19 ● 10 am – Storytime and Fun Arts	20
22 ● 10 am – MyChart	23 ● 10 am – Storytime	24 ● 9 am – Holiday Arts 12pm – Closed	25 Closed	26 ● 9 am – Fun Arts	27
29 ● 10 am – Fun Arts	30 ● 10 am – Sensory Play ◆ 5 pm – Safe Sleep	31 12pm – Closed			Hours: Monday: 8 am - 4:30 pm Tuesday: 8 am - 5:30 pm Wednesday: 8 am - 4:30 pm Thursday: 8 am - 4:30 pm Friday: 8 am - 4:30 pm

● In person | ◆ Virtual

valleywisehealth.org/FRC | frc@valleywisehealth.org

★ Registration Required