

December 2025 – Classes

Valleywise Community Health Center – West Maryvale
Family Resource Center
7808 W Thomas Rd, Phoenix, AZ 85033 | 602-655-6906



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
01 10 am – Start with Music	02 9:30 am – Diabetes Bingo 4 pm – Creative Play	03 9 am – Zumbini® 10 am – ZooToYou - Fairytails	04 9 am – Women's Self-Improvement Series★ 9:30 am – Car Seat Safety★ 10:30 am – Zumbini®	05 11 am – Play & Learn 2 pm – Family & Friends® CPR★	06
08 10 am – Creative Supports - A★	09 10 am – Creative Supports - B★ 4 pm – Creative Play 5 pm – Safe Sleep	10 9 am – Zumbini® 10 am – Preschool Science on Wheels - Colorful Chemistry 1:30 pm – Newborn Care	11 9 am – Women's Self-Improvement Series★ 10:30 am – Zumbini® 11 am – Family Advisory Committee★ 2 pm – Newborn Care	12 10 am – Fun Arts 11 am – Play & Learn	13 FRC Open 9am – 11am 9:30 am – Joyful Holiday - Santa Event
15 10 am – Creative Supports - A★	16 10 am – Creative Supports - B★ 4 pm – Creative Play	17 9 am – Zumbini® 12pm – Closed	18 10 am – A Healthy Holiday 10:30 am – Zumbini®	19 11 am – Play & Learn 1 pm – Mychart	20
22 10 am – Creative Supports - A★	23 10 am – Creative Supports - B★ 4 pm – Board Games	24 9 am – Zumbini® 12pm – Closed	25 Closed	26 10 am – Fun Arts 11 am – Play & Learn	27
29 10 am – Fun Arts	30 10 am – Puppet Theater 4 pm – Board Games 5 pm – Safe Sleep	31 9 am – Zumbini® 10 am – Safe Sleep★ 12pm – Closed			Hours: - Monday 8 am - 4:30 pm - Tuesday 8 am - 5:30 pm - Wednesday 8 am - 4:30 pm - Thursday 8 am - 4:30 pm - Friday 8 am - 4:30 pm - Saturday 12/13 9 am - 11 am

● In person | ◆ Virtual

valleywisehealth.org/FRC | frc@valleywisehealth.org

★ **Registration Required**