

# January 2026 – Classes

Valleywise Community Health Center – Chandler  
Family Resource Center  
811 S. Hamilton St. Chandler, AZ 85225 | 480-344-6165



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Hours:</b>  Monday: 8 am - 4:30 pm Tuesday: 8 am - 4:30 pm Wednesday: 8 am - 5:30 pm Thursday: 8 am - 4:30 pm Friday: 8 am - 4:30 pm Saturday 01/17: 8 am - 11 am			<b>01</b> FRC Closed	<b>02</b>	<b>03</b>
<b>05</b> ● 10:30 am – Storytime and Fun Arts ● 11:30 am – Zumbini®	<b>06</b> ● 9:30 am – Holiday Arts★ ● 10:30 am – Healthy Lifestyles	<b>07</b> ● 9 am – Family & Friends® CPR ● 10:30 am – Vision Board: Setting Goals that Inspire Us★	<b>08</b> ◆ 9 am – Zumbini® ● 10:30 am – Walking Club ● 12:30 pm – Conversation Café	<b>09</b> ● 9:30 am – ZooToYou - Our Five Senses	<b>10</b>
<b>12</b> ● 10:30 am – Storytime and Fun Arts ● 11:30 am – Zumbini®	<b>13</b> ● 10:30 am – Preschool Science on Wheels - Solar Science ● 11:30 am – Healthy Smiles ◆ 5 pm – Safe Sleep	<b>14</b> ● 8:30 am – Car Seat Safety★ ● 10:30 am – Sticker Fun Fest ● 1 pm – MyChart	<b>15</b> ◆ 9 am – Zumbini® ● 10:30 am – Walking Club ● 12:30 pm – Conversation Café	<b>16</b> ◆ 9:30 am – Play & Learn	<b>17</b> FRC Open – 8 am - 11 am
<b>19</b> FRC Closed	<b>20</b> ● 10:30 am – Exercising with littles ● 11:30 am – STEM for Littles★	<b>21</b> ● 10:30 am – Healthy Smiles ● 2 pm – Newborn Care	<b>22</b> ◆ 9 am – Zumbini® ● 10:30 am – Walking Club ● 12:30 pm – Conversation Café	<b>23</b> ◆ 9:30 am – Play & Learn	<b>24</b>
<b>26</b> ● 10:30 am – Storytime and Fun Arts ● 11:30 am – Zumbini®	<b>27</b> ● 10:30 am – Exercising with littles ◆ 5 pm – Safe Sleep	<b>28</b> ● 10 am – First Five Years★ ● 2 pm – Organize Your Family's Health Care Information	<b>29</b> ◆ 9 am – Zumbini® ● 10:30 am – Walking Club ● 12:30 pm – Conversation Café	<b>30</b> ◆ 9:30 am – Play & Learn	<b>31</b>