

# January 2026 – Classes

Valleywise Community Health Center – North Phoenix  
Family Resource Center  
2025 W. Northern Ave., Phoenix, AZ 85021 | 602-655-6306



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Hours:</p> <p>Monday: 8 am - 4:30 pm Tuesday: 8 am - 4:30 pm Wednesday: 8 am - 4:30 pm Thursday: 8 am - 4:30 pm Friday: 8 am - 4:30 pm</p>			<p><b>01</b> FRC Closed</p>	<p><b>02</b> ● 10 am – Zumbini® ● 11:30 am – Vision Board: Setting Goals that Inspire Us</p>	<p><b>03</b></p>
<p><b>05</b> ● 9:30 am – MyChart ● 10:30 am – Car Seat Safety★</p>	<p><b>06</b> ● 10:30 am – Adult Craft Hour</p>	<p><b>07</b> ● 10:30 am – Walking Club - Royal Palm Park ● 1:30 pm – Safe Sleep</p>	<p><b>08</b> ◆ 9 am – Zumbini® ● 10:30 am – Alphabet Soup</p>	<p><b>09</b> ● 10 am – Zumbini® ● 11 am – Fun Arts</p>	<p><b>10</b></p>
<p><b>12</b> ● 1:30 pm – Family &amp; Friends® CPR</p>	<p><b>13</b> ● 10:30 am – Adult Craft Hour ◆ 5 pm – Safe Sleep</p>	<p><b>14</b> ● 10:30 am – Walking Club - Royal Palm Park</p>	<p><b>15</b> ◆ 9 am – Zumbini® ● 10:30 am – Alphabet Soup</p>	<p><b>16</b> ◆ 9:30 am – Play &amp; Learn ● 10 am – Zumbini® ● 11 am – Storytime and Fun Arts</p>	<p><b>17</b></p>
<p><b>19</b> FRC Closed</p>	<p><b>20</b> ● 10:30 am – Adult Craft Hour</p>	<p><b>21</b> ● 10:30 am – STEM for Littles - Fun with UNO card game</p>	<p><b>22</b> ◆ 9 am – Zumbini® ● 10:30 am – Alphabet Soup</p>	<p><b>23</b> ◆ 9:30 am – Play &amp; Learn ● 10 am – Zumbini® ● 11 am – ZooToYou - Who's awake in the desert?</p>	<p><b>24</b></p>
<p><b>26</b></p>	<p><b>27</b> ● 10:30 am – Adult Craft Hour ◆ 5 pm – Safe Sleep</p>	<p><b>28</b> ● 10:30 am – Walking Club - Royal Palm Park</p>	<p><b>29</b> ◆ 9 am – Zumbini® ● 10:30 am – STEM for Littles - Mitten Button Counting</p>	<p><b>30</b> ◆ 9:30 am – Play &amp; Learn ● 10 am – Zumbini® ● 11 am – Preschool Science on Wheels - Icy Investigators</p>	<p><b>31</b></p>