

January 2026 – Classes

Valleywise Comprehensive Health Center – Peoria
Family Resource Center
8088 W. Whitney Dr. Peoria, AZ 85345 | 602-655-2240



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Hours: Monday: 8 am - 4:30 pm Tuesday: 8 am - 4:30 pm Wednesday: 8 am - 4:30 pm Thursday: 8 am - 4:30 pm Friday: 8 am - 4:30 pm			01 FRC Closed	02	03
05 ● 9:30 am – Zumbini®	06 ● 11 am – Cultural Family Event	07 ● 10 am – Bike Helmet Give-A-Way ● 11 am – Car Seat Safety★	08 ◆ 9 am – Zumbini® ● 11 am – STEM for Littles	09 ● 11 am – Newborn Care	10
12 ● 9:30 am – Zumbini® ● 10:30 am – Fun Arts for Babies	13 ● 11 am – Fun Arts ● 1 pm – MyChart ◆ 5 pm – Safe Sleep	14 ● 10 am – ZooToYou - Who's Awake in the Desert?	15 ◆ 9 am – Zumbini® ● 11 am – Sensory Play	16 ◆ 9:30 am – Play & Learn ● 11 am – Storytime and Fun Arts	17
19 FRC Closed	20 ● 11 am – Preschool Science on Wheels - Dino-Mite!	21 ● 11 am – Creative Play ● 12 pm – Friends in Our Community: WIC	22 ◆ 9 am – Zumbini® ● 11 am – Healthy Smiles	23 ◆ 9:30 am – Play & Learn ● 11 am – Dance Party: Music and Movement	24
26 ● 9:30 am – Zumbini® ● 10:30 am – Storytime for Babies	27 ● 11 am – Meddy Teddy ● 1 pm – Organize Your Family's Health Care Information ◆ 5 pm – Safe Sleep	28 ● 11 am – Kinder Skills: Fine Motor Development ● 1 pm – Family & Friends® CPR	29 ◆ 9 am – Zumbini® ● 11 am – BINGO	30 ◆ 9:30 am – Play & Learn ● 11 am – Adult Craft Hour	31

● In person | ◆ Virtual

valleywisehealth.org/FRC | frc@valleywisehealth.org

★ Registration Required