

# February 2026 – Classes

Valleywise Community Health Center – Mesa  
Family Resource Center  
950 E. Main St., Mesa, AZ 85203 | 602-655-6206



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>02</b> <ul style="list-style-type: none"> <li>10 am – Newborn Care★</li> <li>1 pm – Zumbini®</li> </ul>	<b>03</b> <ul style="list-style-type: none"> <li>10:30 am – Career Explorers</li> </ul>	<b>04</b> <ul style="list-style-type: none"> <li>10:30 am – STEM for Littles</li> <li>11 am – Baby Shower</li> </ul>	<b>05</b> <ul style="list-style-type: none"> <li>9 am – Women's Self-Improvement Series★</li> <li>9 am – Zumbini®</li> <li>10:30 am – Conversation Café</li> </ul>	<b>06</b> <ul style="list-style-type: none"> <li>9:30 am – Play &amp; Learn</li> <li>10 am – Kith &amp; Kin ★</li> <li>1 pm – Infant Massage</li> <li>2:30 pm – MyChart★</li> <li>3 pm – Organize Your Family's Health Care Information★</li> </ul>	<b>07</b>
<b>09</b> <ul style="list-style-type: none"> <li>9:30 am – Family &amp; Friends® CPR★</li> <li>1 pm – Zumbini®</li> </ul>	<b>10</b> <ul style="list-style-type: none"> <li>10:30 am – Career Explorers</li> <li>5 pm – Safe Sleep</li> </ul>	<b>11</b> <ul style="list-style-type: none"> <li>10:30 am – Storytime and Fun Arts - Love &amp; Friendship</li> <li>2 pm – Storytime and Fun Arts - Love and Friendship</li> </ul>	<b>12</b> <ul style="list-style-type: none"> <li>9 am – Women's Self-Improvement Series★</li> <li>9 am – Zumbini®</li> <li>10:30 am – Adult Craft Hour</li> </ul>	<b>13</b> <ul style="list-style-type: none"> <li>9:30 am – Play &amp; Learn</li> <li>10 am – Kith &amp; Kin ★</li> <li>12:30 pm – Cultural Family Event - Sweet Valentine</li> </ul>	<b>14</b>
<b>16</b> FRC Closed	<b>17</b> <ul style="list-style-type: none"> <li>10 am – ZooToYou - Critter Cuisine</li> </ul>	<b>18</b> <ul style="list-style-type: none"> <li>10:30 am – Cultural Family Event - Lunar New Year</li> </ul>	<b>19</b> <ul style="list-style-type: none"> <li>9 am – Women's Self-Improvement Series★</li> <li>9 am – Zumbini®</li> <li>10:30 am – Conversation Café</li> </ul>	<b>20</b> <ul style="list-style-type: none"> <li>9:30 am – Play &amp; Learn</li> <li>10 am – Kith &amp; Kin ★</li> <li>1 pm – Infant Massage</li> </ul>	<b>21</b>
<b>23</b> <ul style="list-style-type: none"> <li>1 pm – Zumbini®</li> </ul>	<b>24</b> <ul style="list-style-type: none"> <li>10:30 am – Preschool Science on Wheels - Colorful Chemistry</li> <li>5 pm – Safe Sleep</li> </ul>	<b>25</b> <ul style="list-style-type: none"> <li>9 am – Car Seat Safety★</li> </ul>	<b>26</b> <ul style="list-style-type: none"> <li>9 am – Women's Self-Improvement Series★</li> <li>10:30 am – Adult Craft Hour</li> <li>10:30 am – Zumbini®</li> </ul>	<b>27</b> <ul style="list-style-type: none"> <li>9:30 am – Play &amp; Learn</li> <li>10 am – Kith &amp; Kin ★</li> <li>1 pm – Infant Massage</li> </ul>	<b>28</b>
					<b>Hours:</b>  Monday: 8 am - 4:30 pm Tuesday: 8 am - 4:30 pm Wednesday: 8 am - 4:30 pm Thursday: 8 am - 4:30 pm Friday: 8 am - 4:30 pm

● In person | ◆ Virtual

[valleywisehealth.org/FRC](https://valleywisehealth.org/FRC) | [frc@valleywisehealth.org](mailto:frc@valleywisehealth.org)

★ Registration Required