

February 2026 – Classes

Valleywise Community Health Center – North Phoenix
Family Resource Center
2025 W. Northern Ave., Phoenix, AZ 85021 | 602-655-6306



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
02 <ul style="list-style-type: none"> ● 1:30 pm – Car Seat Safety★ 	03 <ul style="list-style-type: none"> ● 10:30 am – Adult Craft Hour 	04 <ul style="list-style-type: none"> ● 10:30 am – Walking Club - Royal Palm Park ◆ 11 am – Baby Shower 	05 <ul style="list-style-type: none"> ◆ 9 am – Women's Self-Improvement Series★ ◆ 9 am – Zumbini® 	06 <ul style="list-style-type: none"> ◆ 9:30 am – Play & Learn ● 10 am – Zumbini® 	07
09 <ul style="list-style-type: none"> ● 9:30 am – Safe Sleep ● 11 am – Black History Month 	10 <ul style="list-style-type: none"> ● 10:30 am – Adult Craft Hour ◆ 5 pm – Safe Sleep 	11 <ul style="list-style-type: none"> ● 10:30 am – Walking Club - Royal Palm Park ● 12 pm – Storytime and Fun Arts 	12 <ul style="list-style-type: none"> ◆ 9 am – Women's Self-Improvement Series★ ◆ 9 am – Zumbini® ● 1:30 pm – Family & Friends® CPR 	13 <ul style="list-style-type: none"> ◆ 9:30 am – Play & Learn ● 10 am – Zumbini® ● 11 am – Preschool Science on Wheels - Build It 	14
16 FRC Closed	17 <ul style="list-style-type: none"> ● 11 am – Cultural Family Event - Lunar New Year ● 1:30 pm – MyChart 	18 <ul style="list-style-type: none"> ● 10:30 am – Walking Club - Royal Palm Park ● 12 pm – Fun Arts 	19 <ul style="list-style-type: none"> ◆ 9 am – Women's Self-Improvement Series★ ◆ 9 am – Zumbini® 	20 <ul style="list-style-type: none"> ◆ 9:30 am – Play & Learn ● 10 am – Zumbini® ● 11 am – ZooToYou - Fairytails 	21
23	24 <ul style="list-style-type: none"> ● 10:30 am – Adult Craft Hour ◆ 5 pm – Safe Sleep 	25 <ul style="list-style-type: none"> ● 10:30 am – Walking Club - Royal Palm Park 	26 <ul style="list-style-type: none"> ◆ 9 am – Women's Self-Improvement Series★ ◆ 10:30 am – Zumbini® 	27 <ul style="list-style-type: none"> ◆ 9:30 am – Play & Learn ● 10 am – Zumbini® ● 11 am – Friends in Our Community: WIC 	28
					Hours: Monday: 8 am - 4:30 pm Tuesday: 8 am - 4:30 pm Wednesday: 8 am - 4:30 pm Thursday: 8 am - 4:30 pm Friday: 8 am - 4:30 pm

● In person | ◆ Virtual

valleywisehealth.org/FRC | frc@valleywisehealth.org

★ Registration Required