

# February 2026 – Classes

Valleywise Community Health Center – North Phoenix  
Family Resource Center  
2025 W. Northern Ave., Phoenix, AZ 85021 | 602-655-6306



| Monday  | Tuesday   | Wednesday   | Thursday  | Friday   | Saturday  |         |                |          |                |            |                |           |                |         |                |
|---|---|---|---|--|---|---------|----------------|----------|----------------|------------|----------------|-----------|----------------|---------|----------------|
| 02<br>● 1:30 pm – Car Seat Safety★                            | 03<br>● 10:30 am – Adult Craft Hour   | 04<br>● 10:30 am – Walking Club - Royal Palm Park<br>◆ 11 am – Baby Shower            | 05<br>◆ 9 am – Women's Self-Improvement Series★<br>◆ 9 am – Zumbini®                                      | 06<br>◆ 9:30 am – Play & Learn<br>● 10 am – Zumbini®   | 07  |         |                |          |                |            |                |           |                |         |                |
| 09<br>● 9:30 am – Safe Sleep<br>● 11 am – Black History Month | 10<br>● 10:30 am – Adult Craft Hour<br>◆ 5 pm – Safe Sleep                    | 11<br>● 10:30 am – Walking Club - Royal Palm Park<br>● 12 pm – Storytime and Fun Arts | 12<br>◆ 9 am – Women's Self-Improvement Series★<br>◆ 9 am – Zumbini®<br>● 1:30 pm – Family & Friends® CPR | 13<br>◆ 9:30 am – Play & Learn<br>● 10 am – Zumbini®<br>● 11 am – Preschool Science on Wheels - Build It | 14  |         |                |          |                |            |                |           |                |         |                |
| 16<br>FRC Closed  | 17<br>● 11 am – Cultural Family Event - Lunar New Year<br>● 1:30 pm – MyChart | 18<br>● 10:30 am – Walking Club - Royal Palm Park<br>● 12 pm – Fun Arts               | 19<br>◆ 9 am – Women's Self-Improvement Series★<br>◆ 9 am – Zumbini®                                      | 20<br>◆ 9:30 am – Play & Learn<br>● 10 am – Zumbini®<br>● 11 am – ZooToYou - Fairytales                  | 21  |         |                |          |                |            |                |           |                |         |                |
| 23  | 24<br>● 10:30 am – Adult Craft Hour<br>◆ 5 pm – Safe Sleep                    | 25<br>● 10:30 am – Walking Club - Royal Palm Park                                     | 26<br>◆ 9 am – Women's Self-Improvement Series★<br>◆ 10:30 am – Zumbini®                                  | 27<br>◆ 9:30 am – Play & Learn<br>● 10 am – Zumbini®<br>● 11 am – Friends in Our Community: WIC          | 28  |         |                |          |                |            |                |           |                |         |                |
|   |   |   |   |  | <p><b>Hours:</b></p> <table> <tr> <td>Monday:</td> <td>8 am - 4:30 pm</td> </tr> <tr> <td>Tuesday:</td> <td>8 am - 4:30 pm</td> </tr> <tr> <td>Wednesday:</td> <td>8 am - 4:30 pm</td> </tr> <tr> <td>Thursday:</td> <td>8 am - 4:30 pm</td> </tr> <tr> <td>Friday:</td> <td>8 am - 4:30 pm</td> </tr> </table> | Monday: | 8 am - 4:30 pm | Tuesday: | 8 am - 4:30 pm | Wednesday: | 8 am - 4:30 pm | Thursday: | 8 am - 4:30 pm | Friday: | 8 am - 4:30 pm |
| Monday:   | 8 am - 4:30 pm  |   |   |  |   |         |                |          |                |            |                |           |                |         |                |
| Tuesday:  | 8 am - 4:30 pm  |   |   |  |   |         |                |          |                |            |                |           |                |         |                |
| Wednesday:  | 8 am - 4:30 pm  |   |   |  |   |         |                |          |                |            |                |           |                |         |                |
| Thursday:   | 8 am - 4:30 pm  |   |   |  |   |         |                |          |                |            |                |           |                |         |                |
| Friday:   | 8 am - 4:30 pm  |   |   |  |   |         |                |          |                |            |                |           |                |         |                |