

February 2026 – Classes

Valleywise Comprehensive Health Center – Peoria
Family Resource Center
8088 W. Whitney Dr. Peoria, AZ 85345 | 602-655-2240



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
02 ● 9:30 am – Zumbini® ● 10:30 am – Creative Play for Babies	03 ● 11 am – Fun Arts	04 ● 11 am – American Heart Month ◆ 11 am – Baby Shower ● 2 pm – Newborn Care	05 ◆ 9 am – Women's Self-Improvement Series★ ◆ 9 am – Zumbini® ● 11 am – Black History Month ● 2 pm – Family & Friends® CPR	06 ◆ 9:30 am – Play & Learn ● 11 am – Healthy Smiles	07
09 ● 9:30 am – Zumbini® ● 10:30 am – Fun Arts for Babies	10 ● 11 am – STEM for Littles ◆ 5 pm – Safe Sleep	11 ● 10 am – ZooToYou - Fairytails ● 11 am – Sweet Valentine	12 ◆ 9 am – Women's Self-Improvement Series★ ◆ 9 am – Zumbini® ● 10 am – Bike Helmet Give-A-Way ● 11 am – Car Seat Safety★	13 ◆ 9:30 am – Play & Learn ● 11 am – Board Games	14
16 FRC Closed	17 ● 11 am – Preschool Science on Wheels - Colorful Chemistry	18 ● 11 am – Cultural Family Event - Lunar New Year ● 2 pm – Organize Your Family's Health Care Information	19 ◆ 9 am – Women's Self-Improvement Series★ ◆ 9 am – Zumbini® ● 11 am – Math for Littles	20 ◆ 9:30 am – Play & Learn ● 11 am – Meddy Teddy ● 1 pm – MyChart	21
23 ● 9:30 am – Zumbini® ● 10:30 am – Storytime for Babies	24 ● 11 am – Storytime and Fun Arts ◆ 5 pm – Safe Sleep	25 ● 11 am – Sensory Play	26 ◆ 9 am – Women's Self-Improvement Series★ ◆ 10:30 am – Zumbini® ● 11 am – Creative Play	27 ◆ 9:30 am – Play & Learn ● 11 am – Adult Craft Hour	28
					<p>Hours:</p> <p>Monday: 8 am - 4:30 pm Tuesday: 8 am - 4:30 pm Wednesday: 8 am - 4:30 pm Thursday: 8 am - 4:30 pm Friday: 8 am - 4:30 pm</p>

● In person | ◆ Virtual

valleywisehealth.org/FRC | frc@valleywisehealth.org

★ Registration Required