

February 2026 – Classes

Valleywise Community Health Center – South Central Phoenix
Family Resource Center
33 W. Tamarisk St., Phoenix, AZ 85041 | 602-344-6660



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
02 ● 9:30 am – Farm Express Mobile Market ● 10:30 am – Conversation Café	03 ● 10 am – Play & Learn ● 11 am – Family & Friends® CPR★	04 ● 9 am – Adult Craft Hour ● 10:30 am – Zumbini® ◆ 11 am – Baby Shower	05 ◆ 9 am – Women's Self-Improvement Series★ ◆ 9 am – Zumbini® ● 9:15 am – Baby Signing Time®	06 ◆ 9:30 am – Play & Learn ● 10 am – Kinder Readiness ● 11 am – MyChart	07 FRC Open 8 am – 11 am ● 10 am – Storytime and Fun Arts
09 ● 10:30 am – Conversation Café	10 ● 8:30 am – Car Seat Safety★ ● 10 am – Play & Learn ◆ 5 pm – Safe Sleep	11 ● 9 am – Adult Craft Hour ● 10:30 am – Zumbini®	12 ◆ 9 am – Women's Self-Improvement Series★ ◆ 9 am – Zumbini® ● 9:15 am – Baby Signing Time® ● 11 am – ZooToYou - Who's Awake in the Desert?	13 ◆ 9:30 am – Play & Learn ● 10 am – Kinder Readiness ● 11 am – Sweet Healthy Valentine	14
16 FRC Closed	17 ● 10 am – Play & Learn ● 11 am – Preschool Science on Wheels - Whirly, Twirly, Flying Things	18 ● 9 am – Adult Craft Hour ● 10:30 am – Zumbini®	19 ◆ 9 am – Women's Self-Improvement Series★ ◆ 9 am – Zumbini® ● 9:15 am – Baby Signing Time® ● 10:30 am – Fun Arts	20 ◆ 9:30 am – Play & Learn ● 10 am – Kinder Readiness	21
23 ● 9:30 am – Farm Express Mobile Market ● 10:30 am – Conversation Café	24 ● 10 am – Play & Learn ● 11 am – Preschool Science on Wheels - Constructioneering ◆ 5 pm – Safe Sleep	25 ● 9 am – Adult Craft Hour ● 10:30 am – Zumbini®	26 ◆ 9 am – Women's Self-Improvement Series★ ● 10 am – Potty Training Workshop★ ◆ 10:30 am – Zumbini®	27 ◆ 9:30 am – Play & Learn ● 10 am – Kinder Readiness	28
					Hours: Monday: 8 am - 4:30 pm Tuesday: 8 am - 5:30 pm Wednesday: 8 am - 4:30 pm Thursday: 8 am - 4:30 pm Friday: 8 am - 4:30 pm Saturday 2/7: 8 am - 11am

● In person | ◆ Virtual

valleywisehealth.org/FRC | frc@valleywisehealth.org

★ Registration Required