

February 2026 – Classes

Valleywise Community Health Center – West Maryvale
Family Resource Center
7808 W Thomas Rd, Phoenix, AZ 85033 | 602-655-6906



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
02 <ul style="list-style-type: none"> ● 10 am – Start with Music 	03 <ul style="list-style-type: none"> ● 10 am – Black History Month ● 1 pm – Newborn Care★ ● 4 pm – Creative Play 	04 <ul style="list-style-type: none"> ● 9 am – Zumbini® ● 10 am – ZooToYou - Who's Awake in the Desert? ◆ 11 am – Baby Shower 	05 <ul style="list-style-type: none"> ◆ 9 am – Women's Self-Improvement Series★ ◆ 9 am – Zumbini® ● 11 am – Baby Signing Time@★ 	06 <ul style="list-style-type: none"> ◆ 9:30 am – Play & Learn ● 11 am – Play & Learn 	07
09 <ul style="list-style-type: none"> ● 10 am – Fun Arts ● 1:30 pm – MyChart 	10 <ul style="list-style-type: none"> ● 10 am – NutriMiniKids / Adventuring with food ● 11 am – Safe Sleep★ ● 4 pm – Creative Play ◆ 5 pm – Safe Sleep 	11 <ul style="list-style-type: none"> ● 9 am – Zumbini® ● 10 am – Preschool Science on Wheels - Icy Investigations 	12 <ul style="list-style-type: none"> ◆ 9 am – Women's Self-Improvement Series★ ◆ 9 am – Zumbini® ● 11 am – Baby Signing Time@★ 	13 <ul style="list-style-type: none"> ◆ 9:30 am – Play & Learn ● 10 am – Sensory Play 	14
16 FRC Closed	17 <ul style="list-style-type: none"> ● 10 am – NutriMiniKids / Adventuring with food ● 4 pm – Creative Play 	18 <ul style="list-style-type: none"> ● 9 am – Zumbini® ● 10 am – Mad Science - Magnetic Magic 	19 <ul style="list-style-type: none"> ◆ 9 am – Women's Self-Improvement Series★ ◆ 9 am – Zumbini® ● 11 am – Baby Signing Time@★ ● 12 pm – Potty Training Workshop 	20 <ul style="list-style-type: none"> ◆ 9:30 am – Play & Learn ● 11 am – Play & Learn 	21 FRC Open 9 am – 11 am <ul style="list-style-type: none"> ● 9:30 am – Cultural Family Event - Lunar New Year
23 <ul style="list-style-type: none"> ● 10 am – Dance Party: Music and Movement 	24 <ul style="list-style-type: none"> ● 10 am – NutriMiniKids / Adventuring with food ● 4 pm – Creative Play ◆ 5 pm – Safe Sleep 	25 <ul style="list-style-type: none"> ● 9 am – Zumbini® ● 10 am – Family & Friends@ CPR★ 	26 <ul style="list-style-type: none"> ◆ 9 am – Women's Self-Improvement Series★ ● 9:30 am – Car Seat Safety★ ◆ 10:30 am – Zumbini® 	27 <ul style="list-style-type: none"> ◆ 9:30 am – Play & Learn ● 10 am – Math for Little's 	28
					Hours: Monday 8 am - 4:30 pm Tuesday 8 am - 5:30 pm Wednesday 8 am - 4:30 pm Thursday 8 am - 4:30 pm Friday 8 am - 4:30 pm Saturday 2/21 9 am - 11 am

● In person | ◆ Virtual

valleywisehealth.org/FRC | frc@valleywisehealth.org

★ **Registration Required**