## December 2022 – Classes

**Valleywise Community Health Center – South Central Phoenix**  
Family Resource Center  
33 W. Tamarisk St., Phoenix, AZ 85041 | 602-344-6660

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<tr>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
<th>Saturday</th>
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| **Class Type** | **Keep Your Child Safe**  
We are offering a class for parents and caregivers. Car seats are available while supplies last. | **01**  
- 8:30 am – Car Seat Program  
- 9:30 am – Songs & Rhymes  
- 9:30 am – Women's Self-Improvement Series  
- 10 am – Bike Helmet Give-A-Way  
- 10:30 am – Zumbini®  
- 4:30 pm – Music Together®  
- 5:30 pm – From Father to Dad | **02**  
- 9:30 am – Play & Learn  
- 9:30 am – Storytime and Fun Arts  
- 10:30 am – Zumba® | **03** | 

**05**  
- 9 am – It's Scrapbooking Time  
- 2 pm – ZooToYou - Animal Opposites  

**06**  
- 10 am – A Healthy Holiday  
- 10 am – Parent Advisory Group  

**07**  
- 9 am – Music Together®  
- 10:30 am – Zumbini®  

**08**  
- 8:30 am – Car Seat Program  
- 9:30 am – Songs & Rhymes  
- 9:30 am – Women's Self-Improvement Series  
- 10:30 am – Zumbini®  
- 2 pm – Preschool Science on Wheels - Icy Investigations  
- 4:30 pm – Music Together®  

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| **09**  
- 9:30 am – Play & Learn  
- 10:30 am – Zumba®  
- 11 am – Storytime with Ana & Reyna  | **10**  
- 9:30 am – Play & Learn  
- 10:30 am – Zumba®  |

**12**  
- 9:30 am – Farm Express Mobile Market  
- 2 pm – ZooToYou - Animal Artwork  

**13**  
- 10 am – Santa Event  

**14**  
- 9 am – Music Together®  
- 10:30 am – Zumbini®  

**15**  
- 8:30 am – Car Seat Program  
- 9:30 am – Songs & Rhymes  
- 10:30 am – Zumbini®  
- 10:30 am – Preschool Science on Wheels - Icy Investigation  
- 4:30 pm – Music Together®  
- 5:30 pm – From Father to Dad  

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| **16**  
- 9:30 am – Play & Learn  
- 10:30 am – Zumba®  
- 1 pm – STEM for Littles - Snow  | **17**  
- 9:30 am – Play & Learn  
- 10:30 am – Zumba®  |

**19**  
- 10 am – Fresh Produce Bags (while supplies lasts)  

**20**  
- 9:30 am – Storytime and Fun Arts  
- 10:30 am – Zumbini®  

**21**  
- 8:30 am – Car Seat Program  
- 10:30 am – Zumbini®  

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| **22**  
- 8:30 am – Car Seat Program  
- 10:30 am – Zumbini®  | **23**  
- 10:30 am – Zumba®  |

**26**  
- FRC Closed  

**27**  
- 11 am – Fun Arts  

**28**  
- 10:30 am – Zumbini®  

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| **29**  
- 10:30 am – Zumbini®  
- 5:30 pm – From Father to Dad  | **30**  
- 10:30 am – Zumba®  |

**31**  
- 10:30 am – Zumba®