

March 2024 – Classes

Valleywise Community Health Center – South Phoenix/Laveen
Family Resource Center
5650 S. 35th Ave, Phoenix, AZ 85041 | 602-655-6406



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Hours: Monday: 8 am - 4:30 pm Tuesday: 8 am - 4:30 pm Wednesday: 8 am - 4:30 pm Thursday: 8 am - 4:30 pm Friday: 8 am - 4:30 pm				01	02
04 ● 11:30 am – Farm Express Mobile Market ◆ 3:30 pm – New Hope Teen Pregnancy Class	05 ● 1 pm – Zumbini® ● 2:30 pm – ESL Café	06 ◆ 9:30 am – Play & Learn ● 10 am – Read Across America ● 3 pm – Social Skills	07 ◆ 9 am – Women's Self-Improvement Series ◆ 10:30 am – Zumbini® ● 11 am – Lifestyle Matters ● 12 pm – Zumba Gold®	08 ● 1 pm – Parent Advisory Group	09
11 ◆ 3:30 pm – New Hope Teen Pregnancy Class	12 ● 1 pm – Zumbini® ● 2:30 pm – Technology Matters ◆ 5 pm – Safe Sleep for Babies	13 ◆ 9:30 am – Play & Learn ● 10 am – Cultural Family Event ● 3 pm – Social Skills	14 ◆ 9 am – Women's Self-Improvement Series ◆ 10:30 am – Zumbini® ● 12 pm – Zumba Gold®	15 FRC Closed	16
18	19 ● 1 pm – Zumbini® ● 2:30 pm – ESL Café	20 ◆ 9:30 am – Play & Learn ● 10 am – Sensory Play ● 3 pm – Social Skills	21 ◆ 9 am – Women's Self-Improvement Series ◆ 10:30 am – Zumbini® ● 11 am – Lifestyle Matters ● 12 pm – Zumba Gold®	22 ● 10 am – Car Seat Program	23
25	26 ● 1 pm – Zumbini® ● 2:30 pm – Technology Matters ◆ 5 pm – Safe Sleep for Babies	27 ◆ 9:30 am – Play & Learn ● 10 am – Cultural Family Event ● 3 pm – Social Skills	28 ◆ 9 am – Women's Self-Improvement Series ◆ 10:30 am – Zumbini® ● 11 am – Book Club ● 12 pm – Zumba Gold®	29	30