

# May 2024 – Classes

Valleywise Community Health Center – West Maryvale  
 Family Resource Center  
 7808 W Thomas Rd, Phoenix, AZ 85033 | 602-655-6906



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<b>01</b> ● 9 am – Zumbini® ◆ 9:30 am – Play & Learn ● 10 am – ZooToYou - Active Animals	<b>02</b> ◆ 9 am – Women's Self-Improvement Series ● 10 am – NutriMiniKids / Adventuring with food ◆ 10:30 am – Zumbini®	<b>03</b> FRC Closed	<b>04</b> FRC Open – 8 am - 12 pm ● 9:30 am – Fun Arts
<b>06</b> ● 10 am – Play & Learn ● 11 am – Start with Music ● 4 pm – Raising A Reader	<b>07</b> ● 10:30 am – Kinder Readiness ◆ 5 PM – Safe Sleep for Babies	<b>08</b> ● 9 am – Zumbini® ◆ 9:30 am – Play & Learn	<b>09</b> ◆ 9 am – Women's Self-Improvement Series ● 10 am – NutriMiniKids / Adventuring with food ◆ 10:30 am – Zumbini®	<b>10</b> ● 11:30 am – Start with Music	<b>11</b>
<b>13</b> ● 10 am – Play & Learn ● 4 pm – Raising A Reader	<b>14</b> ● 10:30 am – Kinder Readiness	<b>15</b> ● 9 am – Zumbini® ◆ 9:30 am – Play & Learn ● 10 am – Preschool Science on Wheels - Icy Investigators ◆ 11 am – Baby Shower	<b>16</b> ● 10 am – NutriMiniKids / Adventuring with food ◆ 10:30 am – Zumbini®	<b>17</b> ● 11:30 am – Start with Music	<b>18</b>
<b>20</b> ● 10 am – Play & Learn ● 4 pm – Raising A Reader	<b>21</b> ● 9 am – Car Seat Program ● 10:30 am – Kinder Readiness ◆ 5 PM – Safe Sleep for Babies	<b>22</b> ● 9 am – Zumbini® ◆ 9:30 am – Play & Learn ● 10 am – ZooToYou - Sharing Our World ◆ 11 am – Baby Shower	<b>23</b> ◆ 10:30 am – Zumbini®	<b>24</b> ● 11:30 am – Start with Music	<b>25</b>
<b>27</b> FRC Closed	<b>28</b> ● 10:30 am – Kinder Readiness	<b>29</b> ● 9 am – Zumbini® ◆ 9:30 am – Play & Learn ● 10 am – Preschool Science on Wheels - Insectarium ◆ 11 am – Baby Shower	<b>30</b> ● 10 am – NutriMiniKids / Adventuring with food ◆ 10:30 am – Zumbini®	<b>31</b> ● 10 am – Friends in Our Community: Phoenix Public Library ● 11:30 am – Start with Music	<b>Hours:</b> Monday: 8 am - 6 pm Tuesday: 8 am - 4:30 pm Wednesday: 8 am - 4:30 pm Thursday: 8 am - 4:30 pm Friday: 8 am - 4:30 pm Saturday 5/4: 8am - 12 pm

● In person | ◆ Virtual

valleywisehealth.org/FRC | frc@valleywisehealth.org