

# October 2024 – Classes

Valleywise Comprehensive Health Center – Peoria  
 Family Resource Center  
 8088 W. Whitney Dr. Peoria, AZ 85345 | 602-655-2240



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>01</b> ● 10 am – Bike Helmet Give-A-Way	<b>02</b> ◆ 9:30 am – Play & Learn ◆ 4:30 pm – First Five Years*	<b>03</b> ◆ 9 am – Women’s Self-Improvement Series* ◆ 10:30 am – Zumbini® ● 11 am – Preschool Science on Wheels - Lights and Shadows	<b>04</b> ● 11 am – Storytime	<b>05</b>
<b>07</b> ● 9:30 am – Zumbini® ● 10:30 am – Fun Arts for Babies	<b>08</b> ● 11 am – STEM for Littles ◆ 5 pm – Safe Sleep	<b>09</b> ◆ 9:30 am – Play & Learn ● 11 am – Fun Arts ◆ 1 pm – Women’s Self-Improvement Series* ◆ 4:30 pm – First Five Years*	<b>10</b> ◆ 9 am – Women’s Self-Improvement Series* ◆ 10:30 am – Zumbini® ● 11 am – Creative Supports	<b>11</b> ● 11 am – Board Games	<b>12</b>
<b>14</b> FRC Closed	<b>15</b> ● 11 am – Sensory Play	<b>16</b> ◆ 9:30 am – Play & Learn ● 11 am – Math for Littles ◆ 1 pm – Women’s Self-Improvement Series*	<b>17</b> ◆ 9 am – Women’s Self-Improvement Series* ◆ 10:30 am – Zumbini® ● 11 am – Organize Your Family’s Health Care Information ◆ 11 am – Tiny Tastes: Introduction to Baby’s First Food	<b>18</b> ● 11 am – Dance Party: Music and Movement	<b>19</b>
<b>21</b> ● 9:30 am – Zumbini® ● 10:30 am – Storytime for Babies	<b>22</b> ● 11 am – Creative Supports	<b>23</b> ◆ 9:30 am – Play & Learn ● 10 am – ZooToYou - Sharing Our World ◆ 1 pm – Women’s Self-Improvement Series*	<b>24</b> ◆ 9 am – Women’s Self-Improvement Series* ◆ 10:30 am – Zumbini® ● 11 am – Kinder Skills: Fine Motor Development	<b>25</b> ● 11 am – Lotería	<b>26</b>
<b>28</b> ● 9:30 am – Zumbini® ● 10:30 am – Fun Arts for Babies	<b>29</b> ● 9:30 am – Zumbini® ● 10:30 am – Fun Arts for Babies	<b>30</b> ◆ 9:30 am – Play & Learn ● 11 am – Creative Play ◆ 1 pm – Women’s Self-Improvement Series*	<b>31</b> ◆ 9 am – Women’s Self-Improvement Series* ◆ 10:30 am – Zumbini® ● 11 am – Fun Arts		Hours: Monday: 8 am - 4:30 pm Tuesday: 8 am - 4:30 pm Wednesday: 8 am - 4:30 pm Thursday: 8 am - 4:30 pm Friday: 8 am - 4:30 pm

● En persona | ◆ Virtual

valleywisehealth.org/FRC | frc@valleywisehealth.org

\*Registration Required