## October 2024 – Classes

Valleywise Community Health Center - South Central Phoenix Family Resource Center

33 W. Tamarisk St., Phoenix, AZ 85041 | 602-344-6660

Valleywise Health You're Phore To us.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	01 • 10 am – Play & Learn • 4 pm – Adult Craft Hour	02 ◆ 9:30 am – Play & Learn ● 10:30 am – Zumbini® ◆ 4:30 pm – First Five Years*	O3 ● 9 am - Potty Training Workshop ◆ 9 am - Women's Self- Improvement Series* ◆ 10:30 am - Zumbini®	04	05
07 • 9:30 am – Farm Express Mobile Market • 10:30 am – It's Scrapbooking Time	<ul> <li>08</li> <li>10 am - Play &amp; Learn</li> <li>11 am - Preschool Science on Wheels - Dino-mite</li> <li>4 pm - Adult Craft Hour</li> <li>5 pm - Safe Sleep</li> </ul>	<ul> <li><b>09</b></li> <li>◆ 9:30 am - Play &amp; Learn</li> <li>● 10:30 am - Zumbini®</li> <li>◆ 1 pm - Women's Self- Improvement Series*</li> <li>◆ 4:30 pm - First Five Years*</li> </ul>	10 ◆ 9 am – Women's Self- Improvement Series* ◆ 10:30 am – Zumbini®	11 • 10 am - Sensory Play	12 FRC Open 8am - 12pm • 10 am – Storytime and Fun Arts
14 FRC Closed	<ul> <li>10 am - Play &amp; Learn</li> <li>4 pm - Adult Craft Hour</li> </ul>	<ul> <li>9:30 am - Play &amp; Learn</li> <li>10:30 am - Zumbini®</li> <li>1 pm - Women's Self- Improvement Series*</li> </ul>	<ul> <li>9 am - Women's Self- Improvement Series*</li> <li>10 am - Kinder Readiness</li> <li>10:30 am - Zumbini®</li> <li>11 am - Tiny Tastes: Introduction to Baby's First Food</li> </ul>	18 • 10 am - Fun Arts	19
21 • 10:30 am - It's Scrapbooking Time	22 • 10 am – Play & Learn • 4 pm – Adult Craft Hour	<ul> <li>9:30 am - Play &amp; Learn</li> <li>10:30 am - Zumbini®</li> <li>1 pm - Women's Self- Improvement Series*</li> </ul>	<ul> <li>24</li> <li>◆ 9 am - Women's Self- Improvement Series*</li> <li>● 10 am - Kinder Readiness</li> <li>◆ 10:30 am - Zumbini®</li> </ul>	25	26
<ul> <li>28</li> <li>9:30 am - Farm Express Mobile Market</li> <li>10:30 am - It's Scrapbooking Time</li> <li>11:30 am - Healthy Smiles</li> </ul>	29 • 10 am – Play & Learn	<ul> <li>30</li> <li>◆ 9:30 am - Play &amp; Learn</li> <li>● 10:30 am - Zumbini®</li> <li>◆ 1 pm - Women's Self- Improvement Series*</li> </ul>	<ul> <li>9 am - Women's Self- Improvement Series*</li> <li>10 am - Kinder Readiness</li> <li>10:30 am - Zumbini®</li> <li>11:15 am - Storytime and Fun Arts</li> </ul>		Hours:         Monday:       8 am - 4:30 pm         Tuesday:       8 am - 5:30 pm         Wednesday       8 am - 4:30 pm         Thursday:       8 am - 4:30 pm         Friday:       8 am - 4:30 pm         Saturday 10/12:       8 am - 12 pm