

October 2024 – Classes

Valleywise Community Health Center – West Maryvale
 Family Resource Center
 7808 W Thomas Rd, Phoenix, AZ 85033 | 602-655-6906



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	01 ● 10 am – Baby Signing Time® ● 4 pm – Raising A Reader	02 ● 9 am – Zumbini® ◆ 9:30 am – Play & Learn ● 10 am – ZooToYou - Active Animals ◆ 4:30 pm – First Five Years*	03 ◆ 9 am – Women’s Self-Improvement Series* ◆ 10:30 am – Zumbini®	04 ● 10 am – Start with Music	05 FRC Open – 8 am - 11:30 am ● 9:30 am – Fun Arts
07 ● 10 am – Play & Learn	08 ● 4 pm – Raising A Reader ◆ 5 pm – Safe Sleep	09 ● 9 am – Zumbini® ◆ 9:30 am – Play & Learn ◆ 1 pm – Women’s Self-Improvement Series* ◆ 4:30 pm – First Five Years*	10 ◆ 9 am – Women’s Self-Improvement Series* ◆ 10:30 am – Zumbini®	11 ● 10 am – Start with Music	12
14 FRC Closed	15 ● 4 pm – Raising A Reader	16 ● 9 am – Zumbini® ◆ 9:30 am – Play & Learn ● 10 am – Preschool Science on Wheels – 3-2-1 Blast Off ◆ 1 pm – Serie para la superación personal de las mujeres*	17 ◆ 9 am – Women’s Self-Improvement Series* ● 10 am – Creative Supports ◆ 10:30 am – Zumbini® ◆ 11 am – Tiny Tastes: Introduction to Baby’s First Food	18 ● 10 am – Start with Music	19
21 ● 10 am – Play & Learn	22 ● 9 am – Safe Sleep ● 4 pm – Raising A Reader	23 ● 9 am – Zumbini® ◆ 9:30 am – Play & Learn ◆ 1 pm – Women’s Self-Improvement Series*	24 ◆ 9 am – Women’s Self-Improvement Series* ● 10 am – Creative Supports ◆ 10:30 am – Zumbini®	25 ● 10 am – Start with Music	26
28	29 ● 10 am – Car Seat Program* ● 4 pm – Raising A Reader	30 ● 9 am – Zumbini® ◆ 9:30 am – Play & Learn ◆ 1 pm – Women’s Self-Improvement Series*	31 ◆ 9 am – Women’s Self-Improvement Series* ● 10 am – Holiday Art- (Pajama Party) ◆ 10:30 am – Zumbini®	Hours: Monday 8 am - 4:30 pm Tuesday 8 am - 5:30 pm Wednesday 8 am - 4:30 pm Thursday 8 am - 4:30 pm Friday 8 am - 4:30 pm Saturday 10/5: 8 am - 11:30 am	