

November 2024 – Classes

Valleywise Community Health Center – North Phoenix
 Family Resource Center
 2025 W. Northern Ave., Phoenix, AZ 85021 | 602-655-6306



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Hours: Monday: 8 am - 4:30 pm Tuesday: 8 am - 4:30 pm Wednesday: 8 am - 4:30 pm Thursday: 8 am - 4:30 pm Friday: 8 am - 4:30 pm				01 ● 10 am – Zumbini® ● 11 am – Raising A Reader	02
04 ● 11 am – Kids Rock the Vote	05 ● 10:30 am – Adult Craft Hour ◆ 5 pm – Safe Sleep	06 ◆ 9:30 am – Play & Learn ● 10 am – Storytime and Fun Arts ◆ 1 pm – Women’s Self-Improvement Series*	07 ◆ 9 am – Women’s Self-Improvement Series* ◆ 10:30 am – Zumbini® ● 11 am – Fun Arts	08 ● 10 am – Zumbini® ● 11 am – Raising A Reader	09
11 FRC Closed	12 ● 10:30 am – Adult Craft Hour	13 ◆ 9:30 am – Play & Learn ● 10 am – Storytime and Fun Arts ◆ 1 pm – Women’s Self-Improvement Series*	14 ◆ 9 am – Women’s Self-Improvement Series* ◆ 10:30 am – Zumbini® ● 9 am - 3pm – Utility Assistance	15 ● 10 am – Zumbini® ● 11 am – Raising A Reader	16
18 ● 11 am – Friendsgiving	19 ● 10:30 am – Adult Craft Hour ◆ 1:30 pm – Baby Shower* ◆ 5 pm – Safe Sleep	20 ◆ 9:30 am – Play & Learn ● 10 am – Storytime and Fun Arts ◆ 1 pm – Women’s Self-Improvement Series*	21 ◆ 9 am – Women’s Self-Improvement Series* ◆ 10:30 am – Zumbini® ● 11 am – Start with Music	22 ◆ 10 am – Turkey Dance Time! ● 10 am – Zumbini® ● 11 am – Raising A Reader	23
25 ● 11 am – Puppet Theater	26 ● 10:30 am – Adult Craft Hour ◆ 1:30 pm – Baby Shower*	27 ◆ 9:30 am – Play & Learn ● 10 am – Storytime and Fun Arts	28 FRC Closed	29 ● 10 am – Zumbini®	30

● In person | ◆ Virtual

valleywisehealth.org/FRC | frc@valleywisehealth.org

*Registration Required