

# April 2025 – Classes

Valleywise Comprehensive Health Center – Phoenix  
 Family Resource Center  
 2525 E. Roosevelt St., Phoenix, AZ 85008 | 602-344-1352



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>01</b> <ul style="list-style-type: none"> <li>● 9 am – Zumbini®</li> <li>● 10 am – Raising a Reader</li> <li>● 11 am – Meddy Teddy</li> </ul>	<b>02</b> <ul style="list-style-type: none"> <li>● 9 am – Newborn Care</li> <li>◆ 9:30 am – Play &amp; Learn</li> </ul>	<b>03</b> <ul style="list-style-type: none"> <li>◆ 9 am – Women's Self-Improvement Series*</li> <li>● 10 am – Fun Arts</li> <li>◆ 10:30 am – Zumbini®</li> </ul>	<b>04</b> FRC Closed	<b>05</b>
<b>07</b> <ul style="list-style-type: none"> <li>● 10 am – Week of the Young Child® (WOYC) - Music Monday</li> <li>● 11 am – Creative Play</li> </ul>	<b>08</b> <ul style="list-style-type: none"> <li>● 9 am – Zumbini®</li> <li>● 10 am – Week of the Young Child® (WOYC) - Tasty Tuesday</li> <li>● 11 am – Raising a Reader</li> <li>◆ 5 pm – Safe Sleep</li> </ul>	<b>09</b> <ul style="list-style-type: none"> <li>● 9 am – MyChart</li> <li>◆ 9:30 am – Play &amp; Learn</li> <li>● 11 am – Week of the Young Child® (WOYC) - Work Together Wednesday</li> </ul>	<b>10</b> <ul style="list-style-type: none"> <li>◆ 9 am – Women's Self-Improvement Series*</li> <li>● 9:30 am – Preschool Science on Wheels - Space Explorers</li> <li>◆ 10:30 am – Zumbini®</li> <li>● 11 am – ZooToYou - Expedition Arizona</li> <li>● 1 pm – Week of the Young Child® (WOYC) - Artsy Thursday</li> </ul>	<b>11</b> <ul style="list-style-type: none"> <li>● 10 am – Week of the Young Child® (WOYC) - Family Friday</li> </ul>	<b>12</b>
<b>14</b> <ul style="list-style-type: none"> <li>● 11 am – Creative Play</li> </ul>	<b>15</b> <ul style="list-style-type: none"> <li>● 9 am – Zumbini®</li> <li>● 10 am – Kinder Readiness</li> </ul>	<b>16</b> <ul style="list-style-type: none"> <li>● 9 am – Organize Your Family's Health Care Information</li> <li>◆ 9:30 am – Play &amp; Learn</li> <li>● 10 am – Fun Arts</li> </ul>	<b>17</b> <ul style="list-style-type: none"> <li>◆ 9 am – Women's Self-Improvement Series*</li> <li>● 10 am – Storytime and Fun Arts</li> <li>◆ 10:30 am – Zumbini®</li> <li>● 11 am – Meddy Teddy</li> </ul>	<b>18</b> <ul style="list-style-type: none"> <li>● 10 am – Walking Club</li> <li>● 10:30 am – Creative Supports</li> </ul>	<b>19</b>
<b>21</b> <ul style="list-style-type: none"> <li>● 10 am – Healthy Smiles</li> <li>● 11 am – Storytime</li> </ul>	<b>22</b> <ul style="list-style-type: none"> <li>● 9 am – Zumbini®</li> <li>● 10 am – Kinder Readiness</li> <li>● 11:30 am – Fun Arts: Earth Day</li> <li>◆ 5 pm – Safe Sleep</li> </ul>	<b>23</b> <ul style="list-style-type: none"> <li>◆ 9:30 am – Play &amp; Learn</li> <li>● 11 am – Board Games</li> </ul>	<b>24</b> <ul style="list-style-type: none"> <li>● 9 am – Family &amp; Friends® CPR</li> <li>◆ 9 am – Women's Self-Improvement Series*</li> <li>● 10:30 am – Meddy Teddy</li> <li>◆ 10:30 am – Zumbini®</li> </ul>	<b>25</b> <ul style="list-style-type: none"> <li>● 10 am – Walking Club</li> <li>● 10:30 am – Creative Supports</li> </ul>	<b>26</b> <ul style="list-style-type: none"> <li>● 8:30 am – 11:30 am - Craft-To-Go</li> </ul> <p>Join us in the new hospital cafeteria for a make and take craft. Learn more about the FRC programs and services.</p>
<b>28</b> <ul style="list-style-type: none"> <li>● 10 am – Fun Arts</li> <li>● 11 am – It's Scrapbooking Time</li> </ul>	<b>29</b> <ul style="list-style-type: none"> <li>● 9 am – Zumbini®</li> <li>● 10 am – Kinder Readiness</li> <li>● 11:30 am – Storytime: Adopt a Pet</li> </ul>	<b>30</b> <ul style="list-style-type: none"> <li>◆ 9:30 am – Play &amp; Learn</li> <li>● 11 am – Nutrition Workshop</li> </ul>			<b>Hours:</b> Monday: 8 am - 4:30 pm Tuesday: 8 am - 5:30 pm Wednesday: 8 am - 4:30 pm Thursday: 8 am - 4:30 pm Friday: 8 am - 4:30 pm

● In person | ◆ Virtual

valleywisehealth.org/FRC | frc@valleywisehealth.org

\*Registration Required