

April 2025 – Classes

Valleywise Community Health Center – South Phoenix/Laveen
 Family Resource Center
 5650 S. 35th Ave, Phoenix, AZ 85041 | 602-655-6406



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	01 <ul style="list-style-type: none"> ● 11 am – Wellness Warriors ● 1 pm – Zumbini® 	02 <ul style="list-style-type: none"> ◆ 9:30 am – Play & Learn ● 10:30 am – Raising A Reader* 	03 <ul style="list-style-type: none"> ◆ 9 am – Women's Self-Improvement Series* ● 10 am – Family & Friends® CPR ◆ 10:30 am – Zumbini® 	04 FRC Closed	05
07 <ul style="list-style-type: none"> ● 2 pm – Week of the Young Child® (WOYC) - Music Monday 	08 <ul style="list-style-type: none"> ● 10 am – Week of the Young Child® (WOYC) - Tasty Tuesday ● 1 pm – Zumbini® ◆ 5 pm – Safe Sleep 	09 <ul style="list-style-type: none"> ◆ 9:30 am – Play & Learn ● 10:30 am – Raising A Reader* ● 11:30 am – Week of the Young Child® (WOYC) - Work Together Wednesday 	10 <ul style="list-style-type: none"> ◆ 9 am – Women's Self-Improvement Series* ● 10 am – Week of the Young Child® (WOYC) - Artsy Thursday ◆ 10:30 am – Zumbini® 	11 <ul style="list-style-type: none"> ● 10 am – Adult Craft Hour ● 1:30 pm – Week of the Young Child® (WOYC) - Family Friday 	12
14	15 <ul style="list-style-type: none"> ● 11 am – Wellness Warriors ● 1 pm – Zumbini® 	16 <ul style="list-style-type: none"> ◆ 9:30 am – Play & Learn ● 1:30 pm – Board Games 	17 <ul style="list-style-type: none"> ◆ 9 am – Women's Self-Improvement Series* ◆ 10:30 am – Zumbini® 	18 <ul style="list-style-type: none"> ● 10 am – Adult Craft Hour 	19
21	22 <ul style="list-style-type: none"> ● 11 am – Wellness Warriors ● 1 pm – Zumbini® ◆ 5 pm – Safe Sleep 	23 <ul style="list-style-type: none"> ◆ 9:30 am – Play & Learn 	24 <ul style="list-style-type: none"> ◆ 9 am – Women's Self-Improvement Series* ● 10 am – Sensory Play ◆ 10:30 am – Zumbini® 	25 <ul style="list-style-type: none"> ● 10 am – Adult Craft Hour 	26
28	29 <ul style="list-style-type: none"> ● 11 am – Wellness Warriors ● 1 pm – Zumbini® 	30 <ul style="list-style-type: none"> ◆ 9:30 am – Play & Learn ● 10 am – Fun Arts 			Hours: Monday: 8 am - 4:30 pm Tuesday: 8 am - 4:30 pm Wednesday: 8 am - 4:30 pm Thursday: 8 am - 4:30 pm Friday: 8 am - 4:30 pm

● In person | ◆ Virtual

valleywisehealth.org/FRC | frc@valleywisehealth.org

*Registration Required