## April 2025 – Classes

Valleywise Community Health Center – South Central Phoenix Family Resource Center

33 W. Tamarisk St., Phoenix, AZ 85041 | 602-344-6660

**Valleywise** Health

You're More to us.

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Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	01 • 10 am – Play & Learn • 11 am – Healthy Smiles • 4 pm – Adult Craft Hour	02 ◆ 9:30 am – Play & Learn ● 10:30 am – Zumbini® ● 11:30 am – Storytime and Fun Arts	<ul> <li>O3</li> <li>◆ 9 am – Women's Self- Improvement Series*</li> <li>● 10 am – Intro Wired for Success</li> <li>◆ 10:30 am – Zumbini®</li> <li>● 11 am – Baby Signing Time®</li> </ul>	04 FRC Closed	05 FRC Open 8 am – 11:30 am • 10 am – Fun Arts
07 • 11 am – Week of the Young Child® (WOYC) - Music Monday	08 ● 10 am –Week of the Young Child® (WOYC) - Tasty Tuesday ● 4 pm – Adult Craft Hour ◆ 5 pm – Safe Sleep	<ul> <li><b>09</b></li> <li>◆ 9:30 am - Play &amp; Learn</li> <li>● 10:30 am - Zumbini®</li> <li>● 11:30 am - Week of the Young Child® (WOYC) - Work Together Wednesday</li> </ul>	<ul> <li>10</li> <li>9 am – Women's Self- Improvement Series*</li> <li>9:00 am – Week of the Young Child® (WOYC) - Artsy Thursday</li> <li>10 am – Kinder Readiness</li> <li>10:30 am – Zumbini®</li> <li>11 am – Baby Signing Time®</li> </ul>	<ul> <li>9:00 am – Week of the Young Child® (WOYC) - Family Friday</li> <li>10 am – Start with Music</li> <li>11 am – ZooToYou - Animals A to Z</li> </ul>	12
14 • 10:30 am – Newborn Care	<ul> <li>10 am - Play &amp; Learn</li> <li>11 am - Preschool Science on Wheels - Coding with Kibo</li> <li>4 pm - Adult Craft Hour</li> </ul>	16 ♦ 9:30 am – Play & Learn ● 10:30 am – Zumbini®	<ul> <li>17</li> <li>9 am – Women's Self- Improvement Series*</li> <li>10 am – Kinder Readiness</li> <li>10:30 am – Zumbini®</li> <li>11 am – Baby Signing Time®</li> </ul>	18 • 10 am – Start with Music	19
21 • 10 am – Family & Friends® CPR	<ul> <li>22</li> <li>10 am - Play &amp; Learn</li> <li>11 am - ZooToYou - Animal Habitats</li> <li>4 pm - Adult Craft Hour</li> <li>5 pm - Safe Sleep</li> </ul>	23 ♦ 9:30 am – Play & Learn ● 10:30 am – Zumbini®	24 ◆ 9 am – Women's Self- Improvement Series* ● 10 am – Kinder Readiness ◆ 10:30 am – Zumbini®	<ul> <li>25</li> <li>10 am – Start with Music</li> </ul>	26
28 • 9 am – Car Seat Program*	29 • 10 am – Play & Learn • 11 am – Organize Your Family's Health Care Information • 4 pm – Adult Craft Hour	30 ♦ 9:30 am – Play & Learn ● 10:30 am – Zumbini® ● 1:30 pm – Family & Friends® CPR			Hours:           Monday:         8 am - 4:30 pm           Tuesday:         8 am - 5:30 pm           Wednesday         8 am - 4:30 pm           Thursday:         8 am - 4:30 pm           Friday:         8 am - 4:30 pm           Saturday 4/5:         8 am - 11:30 am