

December 2024 – Classes

Valleywise Community Health Center – Mesa
 Family Resource Center
 950 E. Main St., Mesa, AZ 85203 | 602-655-6206



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
02 <ul style="list-style-type: none"> ● 10:30 am – Holiday Arts ● 1 pm – Zumbini® 	03 <ul style="list-style-type: none"> ● 10 am – Baby Signing Time® ◆ 1:30 pm – Baby Shower ◆ 5 pm – Safe Sleep 	04 <ul style="list-style-type: none"> ◆ 9:30 am – Play & Learn ● 10:30 am – Dance Party: Music and Movement ● 1:30 pm – Compudopt: Build Your Own Game (Ages 12-14 years old) 	05 FRC Closed	06 <ul style="list-style-type: none"> ● 10 am – Creative Play 	07
09 <ul style="list-style-type: none"> ● 9 am – Newborn Care ● 1 pm – Zumbini® 	10 <ul style="list-style-type: none"> ● 9 am – Safe Sleep ◆ 1:30 pm – Baby Shower 	11 <ul style="list-style-type: none"> ◆ 9:30 am – Play & Learn ◆ 10 am – Tiny Tastes: Introduction to Baby's First Food ● 10:30 am – STEM for Littles - Build a Snowman ● 1:30 pm – Compudopt: Build Your Own Game (Ages 14-18) 	12 <ul style="list-style-type: none"> ◆ 10:30 am – Zumbini® 	13 <ul style="list-style-type: none"> ● 10:30 am – Joyful Holiday 	14
16 <ul style="list-style-type: none"> ● 10:30 am – Storytime ● 1 pm – Zumbini® 	17 <ul style="list-style-type: none"> ● 11 am – Family Advisory Committee ◆ 5 pm – Safe Sleep 	18 <ul style="list-style-type: none"> ◆ 9:30 am – Play & Learn ● 10:30 am – STEM for Littles - Gingerbread Construction 	19 <ul style="list-style-type: none"> ● 10 am – Adult Craft Hour ◆ 10:30 am – Zumbini® 	20 <ul style="list-style-type: none"> ● 11 am – Holiday Math with Playdough ● 12 pm – A Healthy Holiday 	21
23 <ul style="list-style-type: none"> ● 10 am – Holiday Arts ● 1 pm – Zumbini® 	24	25 FRC Closed	26	27 <ul style="list-style-type: none"> ● 10 am – Fun Arts 	28
30 <ul style="list-style-type: none"> ● 1 pm – Zumbini® 	31				Hours: Monday: 8 am - 4:30 pm Tuesday: 8 am - 4:30 pm Wednesday: 8 am - 4:30 pm Thursday: 8 am - 4:30 pm Friday: 8 am - 4:30 pm

● In person | ◆ Virtual

valleywisehealth.org/FRC | frc@valleywisehealth.org

*Registration Required