

# December 2024 – Classes

Valleywise Comprehensive Health Center – Phoenix  
 Family Resource Center  
 2525 E. Roosevelt St., Phoenix, AZ 85008 | 602-344-1352



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
02	<b>03</b> <ul style="list-style-type: none"> <li>● 9 am – Zumbini®</li> <li>● 11 am – Start with Music</li> <li>◆ 1:30 pm – Baby Shower</li> <li>◆ 5 pm – Safe Sleep</li> </ul>	<b>04</b> <ul style="list-style-type: none"> <li>◆ 9:30 am – Play &amp; Learn</li> </ul>	<b>05</b> FRC Closed	<b>06</b> <ul style="list-style-type: none"> <li>● 10 am – Joyful Holiday*</li> </ul>	07
<b>09</b> <ul style="list-style-type: none"> <li>● 10 am – Healthy Smiles</li> <li>● 11 am – It's Scrapbooking Time</li> </ul>	<b>10</b> <ul style="list-style-type: none"> <li>● 9 am – Zumbini®</li> <li>● 11 am – Start with Music</li> <li>◆ 1:30 pm – Baby Shower</li> </ul>	<b>11</b> <ul style="list-style-type: none"> <li>◆ 9:30 am – Play &amp; Learn</li> <li>● 10 am – Mini Picassos - a STEam class</li> <li>◆ 10 am – Tiny Tastes: Introduction to Baby's First Food</li> </ul>	<b>12</b> <ul style="list-style-type: none"> <li>● 9:30 am – Preschool Science on Wheels - its Slime Time!</li> <li>◆ 10:30 am – Zumbini®</li> <li>● 11 am – ZooToYou - Active Animals</li> </ul>	<b>13</b> <ul style="list-style-type: none"> <li>● 10 am – Family Advisory Committee</li> <li>● 11:30 am – BINGO</li> </ul>	<b>14</b> <ul style="list-style-type: none"> <li>● 8:30 am – 11:30 am - Craft-To-Go Join us in the new hospital cafeteria for a make and take craft. Learn more about the FRC programs and services.</li> </ul>
<b>16</b> <ul style="list-style-type: none"> <li>● 11 am – It's Scrapbooking Time</li> </ul>	<b>17</b> <ul style="list-style-type: none"> <li>● 9 am – Zumbini®</li> <li>● 10 am – NutriMiniKids / Adventuring with food</li> <li>● 11 am – Start with Music</li> <li>◆ 5 pm – Safe Sleep</li> </ul>	<b>18</b> <ul style="list-style-type: none"> <li>◆ 9:30 am – Play &amp; Learn</li> <li>● 10 am – Board Games</li> </ul>	<b>19</b> <ul style="list-style-type: none"> <li>● 10 am – Sensory Play</li> <li>◆ 10:30 am – Zumbini®</li> </ul>	20	21
<b>23</b> <ul style="list-style-type: none"> <li>● 11 am – It's Scrapbooking Time</li> </ul>	<b>24</b> <ul style="list-style-type: none"> <li>● 9 am – Fun Arts</li> </ul>	<b>25</b> FRC Closed	<b>26</b> <ul style="list-style-type: none"> <li>● 10 am – Fun Arts</li> </ul>	27	28
<b>30</b> <ul style="list-style-type: none"> <li>● 11 am – It's Scrapbooking Time</li> </ul>	<b>31</b> <ul style="list-style-type: none"> <li>● 10 am – Dance Party: Music and Movement</li> </ul>				Hours: Monday: 8 am - 4:30 pm Tuesday: 8 am - 5:30 pm Wednesday: 8 am - 4:30 pm Thursday: 8 am - 4:30 pm Friday: 8 am - 4:30 pm Saturday 12/14: 8:30 am - 11:30 am

● In person | ◆ Virtual

valleywisehealth.org/FRC | frc@valleywisehealth.org

\*Registration Required