

January 2025 – Classes

Valleywise Community Health Center – North Phoenix
 Family Resource Center
 2025 W. Northern Ave., Phoenix, AZ 85021 | 602-655-6306



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Hours: Monday: 8 am - 4:30 pm Tuesday: 8 am - 4:30 pm Wednesday: 8 am - 4:30 pm Thursday: 8 am - 4:30 pm Friday: 8 am - 4:30 pm		01 FRC Closed	02 ● 10:30 am – It's Scrapbooking Time	03 ● 10 am – Zumbini®	04
06	07 ● 10:30 am – Adult Craft Hour	08 ◆ 9:30 am – Play & Learn ● 11 am – Craft-To-Go	09 ● 10:30 am – Festival of Sleep Day ◆ 10:30 am – Zumbini®	10 ● 10 am – Zumbini®	11
13 ● 10 am – Family & Friends® CPR	14 ● 10:30 am – Adult Craft Hour ◆ 5 pm – Safe Sleep	15 ◆ 9:30 am – Play & Learn ◆ 1 pm – Book Club	16 ● 10:30 am – Cultural Family Event – Martin Luther King, Jr. ◆ 10:30 am – Zumbini®	17 ● 10 am – Zumbini®	18
20 FRC Closed	21 ● 10:30 am – Adult Craft Hour	22 ◆ 9:30 am – Play & Learn ◆ 1 pm – Book Club	23 ◆ 10:30 am – Zumbini® ● 11 am – Kid Inventors' Day	24 ● 10 am – Zumbini®	25
27	28 ● 10:30 am – Adult Craft Hour ◆ 5 pm – Safe Sleep	29 ◆ 9:30 am – Play & Learn ◆ 1 pm – Book Club	30 ◆ 10:30 am – Zumbini® ● 11 am – Puzzle Day	31 ● 10 am – Zumbini®	

● In person | ◆ Virtual

valleywisehealth.org/FRC | frc@valleywisehealth.org

*Registration Required