

January 2025 – Classes

Valleywise Comprehensive Health Center – Peoria
 Family Resource Center
 8088 W. Whitney Dr. Peoria, AZ 85345 | 602-655-2240



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Hours: Monday: 8 am - 4:30 pm Tuesday: 8 am - 4:30 pm Wednesday: 8 am - 4:30 pm Thursday: 8 am - 4:30 pm Friday: 8 am - 4:30 pm		01 FRC Closed	02	03	04
06 ● 9:30 am – Zumbini® ● 10:30 am – Cultural Family Event: Three Kings Day	07 ● 11 am – Vision Board: Setting Goals that Inspire Us	08 ◆ 9:30 am – Play & Learn ● 11 am – Sensory Play	09 ◆ 10:30 am – Zumbini® ● 11 am – Adult Craft Hour	10 ● 11 am – Board Games	11
13 ● 9:30 am – Zumbini® ● 10:30 am – Creative Play for Babies	14 ● 11 am – Storytime and Fun Arts ◆ 5 pm – Safe Sleep	15 ◆ 9:30 am – Play & Learn ● 11 am – STEM for Littles ◆ 1 pm – Book Club	16 ◆ 10:30 am – Zumbini® ● 11 am – Adult Craft Hour	17 ● 11 am – Dance Party: Music and Movement	18
20 FRC Closed	21 ● 11 am – Family & Friends® CPR	22 ◆ 9:30 am – Play & Learn ● 11 am – Creative Play ◆ 1 pm – Book Club	23 ● 10 am – ZooToYou - Our Five Senses ◆ 10:30 am – Zumbini®	24 ● 11 am – Fun Arts	25
27 ● 9:30 am – Zumbini® ● 10:30 am – Fun Arts for Babies	28 ◆ 5 pm – Safe Sleep	29 ◆ 9:30 am – Play & Learn ● 10 am – Cultural Family Event: Lunar New Year ◆ 1 pm – Book Club	30 ◆ 10:30 am – Zumbini® ● 11 am – Math for Littles	31 ● 11 am – Organize Your Family's Health Care Information	

● In person | ◆ Virtual

valleywisehealth.org/FRC | frc@valleywisehealth.org

*Registration Required