

# January 2025 – Classes

Valleywise Community Health Center – West Maryvale  
 Family Resource Center  
 7808 W Thomas Rd, Phoenix, AZ 85033 | 602-655-6906



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Hours:</b> Monday 8 am - 4:30 pm Tuesday 8 am - 5:30 pm Wednesday 8 am - 4:30 pm Thursday 8 am - 4:30 pm Friday 8 am - 4:30 pm Saturday 1/11: 8 am - 11:30 am		<b>01</b> FRC Closed	<b>02</b>	<b>03</b> ● 10 am – Fun Arts	<b>04</b>
<b>06</b> ● 10 am – Storytime for Babies	<b>07</b> ● 10 am – Car Seat Program* ● 4 am – Fun Arts	<b>08</b> ● 9 am – Zumbini® ◆ 9:30 am – Play & Learn ● 10 am – ZooToYou - Colorful Animal Friends	<b>09</b> ◆ 10:30 am – Zumbini®	<b>10</b> ● 10 am – Vision Board: Setting Goals that Inspire Us*	<b>11</b> ● 9:30 am – Cultural Family Event - Lunar New Year
<b>13</b> ● 10 am – Play & Learn	<b>14</b> ● 10 am – Storytime and Fun Arts ● 4 am – Fun Arts ◆ 5 am – Safe Sleep	<b>15</b> ● 9 am – Zumbini® ◆ 9:30 am – Play & Learn ● 10 am – Preschool Science on Wheels - Light and Shadows ◆ 1 pm – Book Club	<b>16</b> ◆ 10:30 am – Zumbini®	<b>17</b> ● 10 am – Newborn Care	<b>18</b>
<b>20</b> FRC Closed	<b>21</b> ● 10 am – Storytime and Fun Arts in Spanish	<b>22</b> ● 9 am – Zumbini® ◆ 9:30 am – Play & Learn ◆ 1 pm – Book Club	<b>23</b> ◆ 10:30 am – Zumbini® ● 1:30 am – Family & Friends® CPR*	<b>24</b> ● 10 am – Sensory Play	<b>25</b>
<b>27</b> ● 10 am – Play & Learn	<b>28</b> ● 10 am – Creative Play* ● 4 am – Storytime and Fun Arts ◆ 5 am – Safe Sleep	<b>29</b> ● 9 am – Zumbini® ◆ 9:30 am – Play & Learn ◆ 1 pm – Book Club	<b>30</b> ● 10 am – Math for Littles ◆ 10:30 am – Zumbini®	<b>31</b>	

● In person | ◆ Virtual

valleywisehealth.org/FRC | frc@valleywisehealth.org

\*Registration Required