

May 2025 – Classes

Valleywise Community Health Center – Mesa
 Family Resource Center
 950 E. Main St., Mesa, AZ 85203 | 602-655-6206



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Hours: Monday: 8 am - 4:30 pm Tuesday: 8 am - 4:30 pm Wednesday: 8 am - 4:30 pm Thursday: 8 am - 4:30 pm Friday: 8 am - 4:30 pm			01 FRC Closed ♦ 9 am – Women's Self-Improvement Series* ♦ 10:30 am – Zumbini®	02 ● 10:30 am – Fun Arts - Box Painting ● 2 pm – Family & Friends® CPR	03
05 ● 10 am – Kith & Kin* ● 1 pm – Zumbini®	06 ● 11 am – Preschool Science on Wheels - Space Explorers! ♦ 5 pm – Safe Sleep	07 ♦ 9:30 am – Play & Learn ● 10:30 am – Raising a Reader en Español ● 12 pm – Newborn Care	08 ● 10:30 am – Conversation Café ♦ 10:30 am – Zumbini®	09 ● 10:30 am – Mother's Day Celebration	10
12 ● 10 am – Kith & Kin* ● 1 pm – Zumbini®	13 ● 11 am – Sensory Play - Shaving Cream	14 ♦ 9:30 am – Play & Learn ● 10:30 am – Raising a Reader en Español ♦ 11 am – Baby Shower ● 2:30 pm – Sensory Play - Shaving Cream	15 ● 10:30 am – Conversation Café ♦ 10:30 am – Zumbini®	16 ● 8:30 am – Car Seat Safety* ● 11 am – Story Time with Meddy Teddy ● 11:30 am – Play Date	17
19 ● 10 am – Kith & Kin* ● 1 pm – Zumbini®	20 ● 10 am – ZooToYou - Colorful Animal Friends ♦ 5 pm – Safe Sleep	21 ♦ 9:30 am – Play & Learn ● 10:30 am – Raising a Reader en Español ♦ 11 am – Baby Shower - Car Seat Safety ● 2:30 pm – STEM for Littles - Volcanoes	22 ● 10:30 am – Adult Craft Hour ♦ 10:30 am – Zumbini®	23 ● 10:30 am – STEM for Littles - Volcanoes	24
26 FRC Closed	27 ● 10:30 am – Dance Party: Music and Movement	28 ♦ 9:30 am – Play & Learn ● 10:30 am – Raising a Reader en Español ♦ 11 am – Baby Shower ● 12 pm – Organize Your Family's Health Care Information ● 12:30 pm – MyChart	29 ● 10:30 am – Conversation Café ♦ 10:30 am – Zumbini®	30 ● 10:30 am – Let's Play! Drama Storytime with Mesa Arts Center ● 11 am – Play Date	31