

May 2025 – Classes

Valleywise Community Health Center – North Phoenix
 Family Resource Center
 2025 W. Northern Ave., Phoenix, AZ 85021 | 602-655-6306



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Hours: Monday: 8 am - 4:30 pm Tuesday: 8 am - 4:30 pm Wednesday: 8 am - 4:30 pm Thursday: 8 am - 4:30 pm Friday: 8 am - 4:30 pm			01 FRC Closed ♦ 9 am – Women's Self-Improvement Series* ♦ 10:30 am – Zumbini®	02 ● 10 am – Zumbini® ● 11 am – Raising A Reader	03
05 ● 10 am – STEM for Littles-Magnets	06 ● 10:30 am – Adult Craft Hour ● 2 pm – Family & Friends® CPR ♦ 5 pm – Safe Sleep	07 ♦ 9:30 am – Play & Learn ● 10 am – Walking Club ● 11 am – Storytime and Fun Arts	08 ● 10:30 am – STEM for Littles-Soap Making ♦ 10:30 am – Zumbini® ● 2 pm – Wellness Warriors	09 ● 10 am – Zumbini® ● 11 am – Raising A Reader	10
12 ● 11 am – Mother's Day Celebration	13 ● 10:30 am – Adult Craft Hour	14 ♦ 9:30 am – Play & Learn ● 10 am – Walking Club ♦ 11 am – Baby Shower ● 11 am – Storytime and Fun Arts	15 ♦ 10:30 am – Zumbini®	16 ● 10 am – Zumbini® ● 11 am – Raising A Reader	17
19 ● 10 am – STEM for Littles - Math ● 1 pm – Organize Your Family's Health Care Information	20 ● 10:30 am – Adult Craft Hour ● 2 pm – Car Seat Safety* ♦ 5 pm – Safe Sleep	21 ♦ 9:30 am – Play & Learn ● 10 am – Walking Club ♦ 11 am – Baby Shower ● 11 am – Storytime and Fun Arts	22 ● 10:30 am – Sensory Play ♦ 10:30 am – Zumbini®	23 ● 10 am – Zumbini® ● 11 am – Raising A Reader	24
26 FRC Closed	27 ● 10:30 am – Adult Craft Hour	28 ♦ 9:30 am – Play & Learn ● 10 am – Walking Club ♦ 11 am – Baby Shower ● 11 am – Storytime and Fun Arts	29 ♦ 10:30 am – Zumbini® ● 1 pm – MyChart	30 ● 10 am – Zumbini® ● 11 am – ZooToYou - Expedition Arizona	31