

# May 2025 – Classes

Valleywise Comprehensive Health Center – Phoenix  
 Family Resource Center  
 2525 E. Roosevelt St., Phoenix, AZ 85008 | 602-344-1352



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Hours:</b> Monday: 8 am - 4:30 pm Tuesday: 8 am - 5:30 pm Wednesday: 8 am - 4:30 pm Thursday: 8 am - 4:30 pm Friday: 8 am - 4:30 pm			<b>01</b> FRC Closed ♦ 9 am – Women's Self-Improvement Series* ♦ 10:30 am – Zumbini®	<b>02</b> ● 10 am – Creative Supports	<b>03</b>
<b>05</b> ● 10 am – Storytime and Fun Arts	<b>06</b> ● 9 am – Zumbini® ● 10 am – Kinder Readiness ● 11:30 am – NutriMiniKids / Adventuring with food ♦ 5 pm – Safe Sleep	<b>07</b> ● 9 am – Newborn Care ♦ 9:30 am – Play & Learn ● 11:30 am – A Healthy Holiday	<b>08</b> ● 9:30 am – Preschool Science on Wheels - ♦ 10:30 am – Zumbini® ● 11 am – ZooToYou - Animal Habitats	<b>09</b> ● 10 am – Creative Supports ● 11 am – Mother's Day Celebration	<b>10</b>
<b>12</b> ● 10 am – Creative Play ● 11 am – Family & Friends® CPR	<b>13</b> ● 9 am – Zumbini® ● 10 am – Kinder Readiness ● 11:30 am – NutriMiniKids / Adventuring with food	<b>14</b> ♦ 9:30 am – Play & Learn ● 10 am – Fun Arts ♦ 11 am – Baby Shower ● 2 pm – MyChart	<b>15</b> ● 9:30 am – Meddy Teddy ● 10 am – Dance Party: Music and Movement ♦ 10:30 am – Zumbini®	<b>16</b> ● 10 am – Creative Supports	<b>17</b>
<b>19</b> ● 10 am – Creative Play	<b>20</b> ● 9 am – Zumbini® ● 10 am – Kinder Readiness ● 11:30 am – NutriMiniKids / Adventuring with food ♦ 5 pm – Safe Sleep	<b>21</b> ● 9 am – Healthy Smiles ♦ 9:30 am – Play & Learn ● 10 am – Fun Arts ♦ 11 am – Baby Shower	<b>22</b> ● 9:30 am – Meddy Teddy ● 10 am – Dance Party: Music and Movement ♦ 10:30 am – Zumbini®	<b>23</b> ● 9 am – Car seat safe* ● 10 am – Creative Supports	<b>24</b>
<b>26</b> FRC Closed	<b>27</b> ● 9 am – Zumbini® ● 10 am – Mini Picassos - a STEAM class ● 11:30 am – NutriMiniKids / Adventuring with food	<b>28</b> ♦ 9:30 am – Play & Learn ● 10 am – Fun Arts ♦ 11 am – Baby Shower	<b>29</b> ● 9:30 am – Meddy Teddy ● 10 am – Dance Party: Music and Movement ♦ 10:30 am – Zumbini®	<b>30</b> ● 10 am – Creative Supports	<b>31</b> ● 8 am – Craft-To-Go  Join us in the new hospital cafeteria for a make and take craft. Learn more about the FRC programs and services.