

May 2025 – Classes

Valleywise Community Health Center – South Phoenix/Laveen
 Family Resource Center
 5650 S. 35th Ave, Phoenix, AZ 85041 | 602-655-6406



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Hours: Monday: 8 am - 4:30 pm Tuesday: 8 am - 4:30 pm Wednesday: 8 am - 4:30 pm Thursday: 8 am - 4:30 pm Friday: 8 am - 4:30 pm			01 FRC Closed ♦ 9 am – Women's Self-Improvement Series* ♦ 10:30 am – Zumbini®	02 ● 10 am – Adult Craft Hour	03
05 ● 10 am – Cultural Family Event - Cinco de Mayo	06 ● 11 am – Wellness Warriors ● 1 pm – Zumbini® ♦ 5 pm – Safe Sleep	07 ♦ 9:30 am – Play & Learn ● 1 pm – Fun Arts - Mother's Day Craft	08 ● 9:30 am – Car Seat Safety* ♦ 10:30 am – Zumbini®	09 ● 10 am – Adult Craft Hour	10
12 ● 9:30 am – Farm Express Mobile Market	13 ● 11 am – Wellness Warriors ● 1 pm – Zumbini®	14 ♦ 9:30 am – Play & Learn ♦ 11 am – Baby Shower ● 1 pm – Sensory Play	15 ♦ 10:30 am – Zumbini®	16 ● 10 am – Adult Craft Hour	17
19	20 ● 1 am – Zumbini® ♦ 5 pm – Safe Sleep	21 ♦ 9:30 am – Play & Learn ♦ 11 am – Baby Shower	22 ♦ 10:30 am – Zumbini®	23 ● 10 am – Adult Craft Hour	24
26 FRC Closed	27 ● 11 am – Wellness Warriors ● 1 pm – Zumbini®	28 ● 9 am – Family & Friends® CPR ♦ 9:30 am – Play & Learn ♦ 11 am – Baby Shower - Safe Sleep	29 ♦ 10:30 am – Zumbini®	30 ● 10 am – Adult Craft Hour	31