May 2025 – Classes

Valleywise Community Health Center - South Central Phoenix Family Resource Center

33 W. Tamarisk St., Phoenix, AZ 85041 | 602-344-6660

Valleywise Health You're Phore To us.

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Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Hours: Monday: 8 am - 4:30 pm Tuesday: 8 am - 5:30 pm Wednesday 8 am - 4:30 pm Thursday: 8 am - 4:30 pm Friday: 8 am - 4:30 pm Saturday 5/3: 8 am - 11:30 am			01 ◆ 9 am – Women's Self- Improvement Series* ● 10 am – Kinder Readiness ◆ 10:30 am – Zumbini® ● 11 am - 4:30 pm – FRC Closed	02 • 10 am – Start with Music	03 FRC Open – 8am - 11:30am • 10 am – Fun Arts
05 • 9:30 am – Farm Express Mobile Market • 10:30 am – Organize Your Family's Health Care Information	06 ● 10 am – Play & Learn ● 11 am – Healthy Smiles ● 4 pm – Adult Craft Hour ● 5 pm – Safe Sleep	 07 9 am – A Healthy Holiday - Mother's Day Celebration 9:30 am – Play & Learn 10:30 am – Zumbini® 	08 ● 10 am – Kinder Readiness ● 10:30 am – Zumbini® ● 11:30 am – Storytime and Fun Arts	09 • 10 am – Start with Music • 11 am – Mother's Day Celebration	10
12	13 • 10 am – Play & Learn • 11 am – ZooToYou - Movin' and Groovin' • 4 pm – Adult Craft Hour	14 ◆ 9:30 am – Play & Learn ● 10:30 am – Zumbini® ◆ 11 am – Baby Shower ● 11:30 am – Fun Arts	15 ● 10 am – Kinder Readiness ◆ 10:30 am – Zumbini®	16 • 10 am – Start with Music	17
19 • 9:30 am – Farm Express Mobile Market	20 • 10 am – Play & Learn • 11 am – Preschool Science on Wheels - Scibble Bots • 4 pm – Adult Craft Hour • 5 pm – Safe Sleep	21 ◆ 9:30 am – Play & Learn ● 10:30 am – Zumbini® ◆ 11 am – Baby Shower	22 ● 10 am – Raising a Reader ◆ 10:30 am – Zumbini®	2310 am – Start with Music	24
26 FRC Closed	27 • 10 am – Play & Learn • 4 pm – Adult Craft Hour	28 ◆ 9:30 am – Play & Learn ● 10:30 am – Zumbini® ◆ 11 am – Baby Shower ● 1:30 pm – Family & Friends® CPR	29 ● 10 am – Raising a Reader ◆ 10:30 am – Zumbini®	30 • 10 am – Start with Music	31