

July 2025 – Classes

Valleywise Community Health Center – Mesa
Family Resource Center
950 E. Main St., Mesa, AZ 85203 | 602-655-6206



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	01 <ul style="list-style-type: none"> ● 10:30 am – Dance Party: Music and Movement 	02 <ul style="list-style-type: none"> ● 10:30 am – Fun Arts ● 2:30 pm – Fun Arts 	03 <ul style="list-style-type: none"> ◆ 10:30 am – Zumbini® ◆ 11 am – Raising a Reader 	04 FRC Closed	05
07 <ul style="list-style-type: none"> ● 10:30 am – Storytime - Mindfulness ● 1 pm – Zumbini® 	08 <ul style="list-style-type: none"> ● 10:30 am – Family & Friends® CPR* ◆ 5 pm – Safe Sleep 	09	10 <ul style="list-style-type: none"> ● 10:30 am – Conversation Café ◆ 10:30 am – Zumbini® 	11 <ul style="list-style-type: none"> ● 10:30 am – Creative Play ● 2 pm – Newborn Care * 	12
14 <ul style="list-style-type: none"> ● 10:30 am – Storytime with Meddy Teddy ● 1 pm – Zumbini® 	15 <ul style="list-style-type: none"> ● 10 am – Friends in Our Community: Maricopa County Head Start Programs ● 10 am – ZooToYou - Animal Habitats ● 2 pm – Dance Party: Music and Movement 	16 <ul style="list-style-type: none"> ● 10:30 am – STEM for Littles-Boats 	17 <ul style="list-style-type: none"> ● 10:30 am – Conversation Café ◆ 10:30 am – Zumbini® 	18 <ul style="list-style-type: none"> ● 10:30 am – Dance Party: Music and Movement ● 11:30 am – Creative Play 	19
21 <ul style="list-style-type: none"> ● 10:30 am – A Healthy Holiday ● 1 pm – Zumbini® 	22 <ul style="list-style-type: none"> ● 10 am – Friends in Our Community: Maricopa County Head Start Programs ● 10 am – Preschool Science on Wheels - Icy Investigations 	23 <ul style="list-style-type: none"> ● 10:30 am – Sensory Play - Painting ● 2 pm – Bike Helmet Give-A-Way 	24 <ul style="list-style-type: none"> ● 10:30 am – Conversation Café ◆ 10:30 am – Zumbini® ◆ 11 am – Women's Self-Improvement Day 	25 <ul style="list-style-type: none"> ● 10:30 am – Let's Play! Drama Storytime with Mesa Arts Center ● 11:30 am – Creative Play 	26
28 <ul style="list-style-type: none"> ● 10:30 am – Fun Arts - Mindfulness ● 1 pm – Zumbini® 	29 <ul style="list-style-type: none"> ● 10:30 am – Mini Picassos - a STEAM class ◆ 2 pm – Storytime and Fun Arts* ◆ 5 pm – Safe Sleep 	30 <ul style="list-style-type: none"> ● 11 am – Creative Play ● 12 pm – Organize Your Family's Health Care Information ● 12:30 pm – MyChart 	31 <ul style="list-style-type: none"> ● 10:30 am – Adult Craft Hour ◆ 10:30 am – Zumbini® 		Hours: Monday: 8 am - 4:30 pm Tuesday: 8 am - 4:30 pm Wednesday: 8 am - 4:30 pm Thursday: 8 am - 4:30 pm Friday: 8 am - 4:30 pm