July 2025 – Classes

Valleywise Community Health Center – North Phoenix Family Resource Center

2025 W. Northern Ave., Phoenix, AZ 85021 | 602-655-6306

valleywise mealur
You're more to us.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	01 • 10:30 am – Adult Craft Hour	02 • 1:30 pm – Raising a Reader - All ages	03 ● 10:30 am – STEM for Littles - Sew & Stick ◆ 10:30 am – Zumbini® ◆ 11 am – Raising a Reader	04 FRC Closed	05
07 • 2 pm – Safe Sleep	08 ● 10:30 am – Adult Craft Hour ◆ 5 pm – Safe Sleep	 09 11 am – Embroidery for Pre- Teens Series 1:30 pm – Raising a Reader - All ages 	10 • 10:30 am – Wellness Warriors • 10:30 am – Zumbini® • 1:30 pm – Organize Your Family's Health Care Information	11 • 11 am – Friends in Our Community: Phoenix Public Library	12
14	15 • 10:30 am – Adult Craft Hour	 11 am - Embroidery for Pre- Teens Series 1:30 pm - Raising a Reader - All ages 	17 ◆ 10:30 am – Zumbini®	18 • 10 am – Zumbini® • 11 am – Fun Arts - Wind chime	19
21 • 9:30 am – Car Seat Safety* • 1 pm – STEM for Littles	22 • 10:30 am – Adult Craft Hour • 1 pm – Family & Friends® CPR	23 • 11 am – Embroidery for Pre- Teens Series • 1:30 pm – Raising a Reader - All ages	24 ● 10 am – A Healthy Holiday ♦ 10:30 am – Zumbini® ♦ 11 am – Women's Self- Improvement Day	25 • 10 am – Zumbini® • 11 am – Storytime and Fun Arts	26
28 • 11 am – Craft-To-Go	29 ● 10:30 am – Adult Craft Hour ◆ 5 pm – Safe Sleep	30 • 11 am – Embroidery for Pre- Teens Series • 1:30 pm – Raising a Reader - All ages	31 ● 10:30 am – BINGO - Summer Edition ◆ 10:30 am – Zumbini®		Hours:Monday:8 am - 4:30 pmTuesday:8 am - 4:30 pmWednesday8 am - 4:30 pmThursday:8 am - 4:30 pmFriday:8 am - 4:30 pm