

July 2025 – Classes

Valleywise Comprehensive Health Center – Peoria
Family Resource Center
8088 W. Whitney Dr. Peoria, AZ 85345 | 602-655-2240



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	01 ● 11 am – Storytime and Fun Arts	02 ● 11 am – Traveling Teddy ● 1 pm – Family & Friends® CPR	03 ◆ 10:30 am – Zumbini® ● 11 am – Mini Picassos - a STEAM class ◆ 11 am – Raising a Reader ● 1 pm – Newborn Care	04 FRC Closed	05
07 ● 9:30 am – Zumbini® ● 10:30 am – Storytime for Babies	08 ● 11 am – Sensory Play ● 2 pm – MyChart ◆ 5 pm – Safe Sleep	09 ● 11 am – Traveling Teddy	10 ◆ 10:30 am – Zumbini® ● 11 am – Mini Picassos - a STEAM class	11 ● 11 am – Board Games	12
14 ● 9:30 am – Zumbini®	15	16	17 ◆ 10:30 am – Zumbini® ● 11 am – Mini Picassos - a STEAM class	18 ● 11 am – Dance Party: Music and Movement	19
21 ● 9:30 am – Zumbini® ● 10:30 am – Creative Play for Babies	22 ● 11 am – Car Seat Safety* ● 1 pm – Organize Your Family's Health Care Information	23 ● 10 am – A Healthy Holiday	24 ◆ 10:30 am – Zumbini® ● 11 am – Mini Picassos - a STEAM class ◆ 11 am – Women's Self-Improvement Day ● 2 pm – Newborn Care	25 ● 11 am – Fun Arts	26
28 ● 9:30 am – Zumbini® ● 10:30 am – Meddy Teddy for Babies	29 ● 11 am – Creative Play ◆ 5 pm – Safe Sleep	30 ● 11 am – Storytime and Fun Arts	31 ● 10 am – Bike Helmet Give-A-Way ◆ 10:30 am – Zumbini® ● 11 am – Healthy Smiles		Hours: Monday: 8 am - 4:30 pm Tuesday: 8 am - 4:30 pm Wednesday: 8 am - 4:30 pm Thursday: 8 am - 4:30 pm Friday: 8 am - 4:30 pm

● In person | ◆ Virtual

valleywisehealth.org/FRC | frc@valleywisehealth.org

*Registration Required