July 2025 – Classes

Valleywise Comprehensive Health Center – Phoenix Family Resource Center 2525 E. Roosevelt St., Phoenix, AZ 85008 | 602-344-1352 Valleywise Health

You're More to us

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	01 9 am – Zumbini® 10 am – Creative Play	02 • 10 am – Fun Arts	03 ● 9 am – Raising a Reader ◆ 10:30 am – Zumbini® ◆ 11 am – Raising a Reader ● 11 am – ZooToYou - Colorful Creatures	04 FRC Closed	05
07 ■ 9 am – Organize Your Family's Health Care Information	08 • 9 am – Zumbini® • 10 am – Meddy Teddy • 5 pm – Safe Sleep	9 am – Newborn Care2 pm – Family & Friends®CPR	10 • 9 am - Raising a Reader • 10:30 am - Zumbini®	11 • 10 am – Preschool Science on Wheels - Bounce And Roll	12
14 • 2 pm – Board Games	15	16	17 • 9 am – Raising a Reader • 10:30 am – Zumbini®	18 • 10 am – BINGO	19 • 9 am – 12 pm The Back-to-School Health & Safety Fair 2181 E McDowell Rd, Phoenix, AZ 85006
21 • 10:30 am – Alphabet Soup	22 9 am – Zumbini® 10 am – Meddy Teddy	23 • 10 am – Fun Arts	24 ● 9 am – Raising a Reader ◆ 10:30 am – Zumbini® ◆ 11 am – Women's Self-Improvement Day	25 • 9 am – Car Seat Safety*	26
28 • 10:30 am – Alphabet Soup • 2 pm – Board Games	29 9 am – Zumbini® 10 am – Meddy Teddy 5 pm – Safe Sleep	30 • 10 am – Storytime • 11 am – Board Games	31 • 9 am – Raising a Reader • 10:30 am – Zumbini®		Monday: 8 am - 4:30 pm Tuesday: 8 am - 5:30 pm Wednesday 8 am - 4:30 pm Thursday: 8 am - 4:30 pm Friday: 8 am - 4:30 pm 8 am - 4:30 pm