

July 2025 – Classes

Valleywise Community Health Center – South Phoenix/Laveen
Family Resource Center
5650 S. 35th Ave, Phoenix, AZ 85041 | 602-655-6406



| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|-----------|--|---|--|---|---|
| | 01 ● 11 am – Wellness Warriors ● 1 pm – Zumbini® | 02 ● 11 am – ZooToYou - Animal Habitats | 03 ◆ 10:30 am – Zumbini® ◆ 11 am – Raising a Reader ● 1 pm – Preschool Science on Wheels - Insectarium | 04 FRC Closed | 05 |
| 07 | 08 ● 11 am – Wellness Warriors ● 1 pm – Zumbini® ◆ 5 pm – Safe Sleep | 09 ● 10 am – Dance Party: Music and Movement ● 10:30 am – Water Safety | 10 ◆ 10:30 am – Zumbini® | 11 ● 10 am – Adult Craft Hour | 12 |
| 14 | 15 | 16 | 17 ◆ 10:30 am – Zumbini® | 18 ● 8:30 am – MyChart | 19 |
| 21 | 22 ● 11 am – Wellness Warriors ● 1 pm – Zumbini® | 23 | 24 ● 10 am – Zoo To You - Sharing our world ◆ 10:30 am – Zumbini® ◆ 11 am – Women's Self-Improvement Day | 25 ● 9:30 am – Organize Your Family's Health Care Information | 26 |
| 28 | 29 ● 11 am – Wellness Warriors ● 1 pm – Zumbini® ◆ 5 pm – Safe Sleep | 30 ● 9 am – Family & Friends® CPR | 31 ● 9 am – Storytime - Library ◆ 10:30 am – Zumbini® | | Hours: Monday: 8 am - 4:30 pm Tuesday: 8 am - 4:30 pm Wednesday: 8 am - 4:30 pm Thursday: 8 am - 4:30 pm Friday: 8 am - 4:30 pm |