

July 2025 – Classes

Valleywise Community Health Center – South Central Phoenix
Family Resource Center
33 W. Tamarisk St., Phoenix, AZ 85041 | 602-344-6660



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	01 ● 10 am – Sensory Play ● 4 pm – Adult Craft Hour	02 ● 10:30 am – Zumbini®	03 ● 10 am – Fun Arts ◆ 10:30 am – Zumbini® ◆ 11 am – Raising a Reader	04 FRC Closed	05
07 ● 9:30 am – Organize Your Family's Health Care Information	08 ● 10 am – Sensory Play ● 4 pm – Adult Craft Hour ◆ 5 pm – Safe Sleep	09 ● 10:30 am – Zumbini® ● 11:30 am – Healthy Smiles	10 ● 10 am – Fun Arts ◆ 10:30 am – Zumbini®	11 ● 10 am – Dance Party: Music and Movement	12
14	15	16 ● 10:30 am – Zumbini®	17 ◆ 10:30 am – Zumbini®	18	19 FRC Open 8am - 11:30am ● 10 am – Fun Arts
21 ● 10:30 am – Family & Friends® CPR*	22 ● 10 am – Sensory Play ● 4 pm – Adult Craft Hour	23 ● 10:30 am – Zumbini®	24 ● 10 am – Storytime and Fun Arts ◆ 10:30 am – Zumbini® ◆ 11 am – Women's Self-Improvement Day ● 1 pm – MyChart	25 ● 10 am – BINGO	26
28	29 ● 10 am – Sensory Play ● 4 pm – Adult Craft Hour ◆ 5 pm – Safe Sleep	30 ● 10:30 am – Zumbini®	31 ● 10 am – Storytime and Fun Arts ◆ 10:30 am – Zumbini®		Hours: Monday: 8 am - 4:30 pm Tuesday: 8 am - 5:30 pm Wednesday: 8 am - 4:30 pm Thursday: 8 am - 4:30 pm Friday: 8 am - 4:30 pm Saturday 7/19: 8 am - 11:30 am