

July 2025 – Classes

Valleywise Community Health Center – West Maryvale
Family Resource Center
7808 W Thomas Rd, Phoenix, AZ 85033 | 602-655-6906



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	01 ● 4 pm – Board Games	02 ● 9 am – Zumbini® ● 10 am – ZooToYou - Colorful Animal Friends	03 ● 10 am – Traveling Teddy * ◆ 10:30 am – Zumbini® ◆ 11 am – Raising a Reader	04 FRC Closed	05
07 ● 10 am – Start with Music	08 ● 9:30 am – Car Seat Safety* ● 1 pm – Newborn Care* ● 4 pm – Board Games ◆ 5 pm – Safe Sleep	09 ● 9 am – Zumbini® ● 10 am – MyChart	10 ● 10 am – Traveling Teddy * ◆ 10:30 am – Zumbini® ● 11 am – Fun Arts	11 ● 11 am – Play & Learn	12
14 ● 10 am – Start with Music	15 ● 10 am – Dance Party: Music and Movement	16 ● 9 am – Zumbini®	17 ◆ 10:30 am – Zumbini®	18	19
21 ● 10 am – Start with Music	22 ● 10 am – Creative Play - 1 * ● 11 am – Creative Play - 2 * ● 4 pm – Board Games	23 ● 9 am – Zumbini® ● 10 am – Preschool Science on Wheels - Solar Science	24 ● 10 am – Traveling Teddy * ◆ 10:30 am – Zumbini® ● 11 am – Fun Arts ◆ 11 am – Women's Self-Improvement Day	25 ● 11 am – Play & Learn ● 1 pm – Bike Helmet Give-A-Way	26
28 ● 10 am – Start with Music	29 ● 10 am – Storytime and Fun Arts ● 2 pm – Safe Sleep* ● 4 pm – Storytime and Fun Arts ◆ 5 pm – Safe Sleep	30 ● 9 am – Zumbini® ● 10 am – Organize Your Family's Health Care Information ● 1 pm – Family & Friends® CPR *	31 ● 10 am – Traveling Teddy * ◆ 10:30 am – Zumbini® ● 11 am – Fun Arts		Hours: Monday 8 am - 4:30 pm Tuesday 8 am - 5:30 pm Wednesday 8 am - 4:30 pm Thursday 8 am - 4:30 pm Friday 8 am - 4:30 pm

● In person | ◆ Virtual

valleywisehealth.org/FRC | frc@valleywisehealth.org

*Registration Required