

September 2025 – Classes

Valleywise Community Health Center – North Phoenix
Family Resource Center
2025 W. Northern Ave., Phoenix, AZ 85021 | 602-655-6306



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
01 FRC Closed	02 ● 10:30 am – Adult Craft Hour	03 ● 10:30 am – Fun Arts ◆ 11 am – Baby Shower	04 ◆ 9 am – Women's Self-Improvement Series★ ◆ 10:30 am – Zumbini®	05 ◆ 9:30 am – Play & Learn ● 10 am – Zumbini® ● 11 am – STEM for Littles - National Cheese Pizza Day	06
08 ● 8:30 am – Utility Assistance ● 11 am – Generation Celebration - Grandparents Day	09 ● 10:30 am – Adult Craft Hour ● 2 pm – Family & Friends® CPR ◆ 5 pm – Safe Sleep	10 ● 10 am – Kith & Kin ◆ 11 am – Baby Shower ● 1:30 pm – Car Seat Safety★	11 ◆ 9 am – Women's Self-Improvement Series★ ● 10 am – Puzzle Day ◆ 10:30 am – Zumbini®	12 ◆ 9:30 am – Play & Learn ● 10 am – Zumbini® ● 11 am – Mini Picassos - a STEAM class	13
15 ● 10 am – Show and Tell ● 10:30 am – Hispanic Heritage Month Celebration	16 ● 10:30 am – Adult Craft Hour	17 ● 10 am – Kith & Kin ◆ 11 am – Baby Shower	18 ◆ 9 am – Women's Self-Improvement Series★ ◆ 10 am – Storytime and Fun Arts ◆ 10:30 am – Zumbini® ● 11 am – Family Advisory Committee★	19 ◆ 9:30 am – Play & Learn ● 10 am – Zumbini® ● 11 am – Mini Picassos - a STEAM class	20
22 ● 10:30 am – STEM for Littles - DIY Fall Scented Playdough ● 11:30 am – Preschool Science on Wheels - It's Slime Time	23 ● 10:30 am – Adult Craft Hour ● 1:30 pm – Safe Sleep ◆ 5 pm – Safe Sleep	24 ● 10 am – Kith & Kin ◆ 11 am – Baby Shower	25 ◆ 9 am – Women's Self-Improvement Series★ ● 10 am – Math Fun - Counting Money ◆ 10:30 am – Zumbini®	26 ◆ 9:30 am – Play & Learn ● 10 am – Zumbini® ● 11 am – Mini Picassos - a STEAM class	27
29 ● 11:30 am – Board Games	30 ● 10:30 am – Adult Craft Hour				Hours: Monday: 8 am - 4:30 pm Tuesday: 8 am - 4:30 pm Wednesday: 8 am - 4:30 pm Thursday: 8 am - 4:30 pm Friday: 8 am - 4:30 pm

● In person | ◆ Virtual

valleywisehealth.org/FRC | frc@valleywisehealth.org

★ Registration Required