

September 2025 – Classes

Valleywise Comprehensive Health Center – Peoria
Family Resource Center
8088 W. Whitney Dr. Peoria, AZ 85345 | 602-655-2240



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
01 FRC Closed	02 ● 10 am – Family, Friends, & Neighbors★	03 ◆ 11 am – Baby Shower ● 11 am – Raising a Reader	04 ◆ 9 am – Women's Self-Improvement Series★ ◆ 10:30 am – Zumbini® ● 11 am – Adult Craft Hour	05 ◆ 9:30 am – Play & Learn ● 10 am – Family, Friends, & Neighbors★	06
08 ● 9:30 am – Zumbini® ● 10:30 am – Storytime for Babies	09 ● 10 am – Family, Friends, & Neighbors★ ● 2 pm – Newborn Care ◆ 5 pm – Safe Sleep	10 ◆ 11 am – Baby Shower ● 11 am – Preschool Science on Wheels - Whirly, Twirly, Flying Things! ● 1 pm – MyChart	11 ◆ 9 am – Women's Self-Improvement Series★ ◆ 10:30 am – Zumbini® ● 11 am – Generation Celebration - Grandparents Day	12 ◆ 9:30 am – Play & Learn ● 10 am – Family, Friends, & Neighbors★	13
15 ● 9:30 am – Zumbini® ● 10:30 am – Fun Arts for Babies	16 ● 10 am – Family, Friends, & Neighbors★ ● 2 pm – Organize Your Family's Health Care Information	17 ● 10 am – ZooToYou - Nocturnal Animals ◆ 11 am – Baby Shower ● 2 pm – Fun Arts	18 ◆ 9 am – Women's Self-Improvement Series★ ◆ 10 am – Storytime and Fun Arts ◆ 10:30 am – Zumbini® ● 11 am – Hispanic Heritage Month Celebration	19 ◆ 9:30 am – Play & Learn ● 10 am – Family, Friends, & Neighbors★	20
22 ● 9:30 am – Zumbini® ● 10:30 am – Creative Play for Babies	23 ● 10 am – Family, Friends, & Neighbors★ ● 2 pm – Family & Friends® CPR ◆ 5 pm – Safe Sleep	24 ● 10 am – Bike Helmet Give-A-Way ◆ 11 am – Baby Shower ● 11 am – Family Advisory Committee★	25 ◆ 9 am – Women's Self-Improvement Series★ ◆ 10:30 am – Zumbini® ● 11 am – Car Seat Safety★	26 ◆ 9:30 am – Play & Learn ● 10 am – Family, Friends, & Neighbors★	27
29 ● 9:30 am – Zumbini® ● 10:30 am – Healthy Smiles with Great Arizona Puppet Theatre	30 ● 10 am – Family, Friends, & Neighbors★				Hours: Monday: 8 am - 4:30 pm Tuesday: 8 am - 4:30 pm Wednesday: 8 am - 4:30 pm Thursday: 8 am - 4:30 pm Friday: 8 am - 4:30 pm

● In person | ◆ Virtual

valleywisehealth.org/FRC | frc@valleywisehealth.org

★ Registration Required