

September 2025 – Classes

Valleywise Comprehensive Health Center – Phoenix
Family Resource Center
2525 E. Roosevelt St., Phoenix, AZ 85008 | 602-344-1352



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
01 FRC Closed	02 ● 9 am – Zumbini® ● 10 am – Kinder Readiness	03 ● 9 am – MyChart ● 10 am – Creative Play ◆ 11 am – Baby Shower	04 ● 9 am – Baby Signing Time® ◆ 9 am – Women's Self-Improvement Series★ ◆ 10:30 am – Zumbini® ● 11 am – ZooToYou - Animal Artwork	05 ◆ 9:30 am – Play & Learn ● 10 am – Preschool Science on Wheels	06
08 ● 10 am – Board Games ● 11 am – Family Advisory Committee★	09 ● 9 am – Zumbini® ● 10 am – Kinder Readiness ◆ 5 pm – Safe Sleep	10 ● 10 am – Creative Play ◆ 11 am – Baby Shower	11 ● 9 am – Baby Signing Time® ◆ 9 am – Women's Self-Improvement Series★ ● 10 am – Creative Supports ◆ 10:30 am – Zumbini®	12 ● 9 am – Raising a Reader ◆ 9:30 am – Play & Learn ● 11 am – Start with Music	13
15 ● 10 am – Hispanic Heritage Month Celebration	16 ● 9 am – Zumbini® ● 10 am – Piñata Making Workshop	17 ● 10 am – Creative Play ◆ 11 am – Baby Shower ● 11:30 am – Storytime	18 ● 9 am – Baby Signing Time® ◆ 9 am – Women's Self-Improvement Series★ ◆ 10 am – Storytime and Fun Arts ◆ 10:30 am – Zumbini®	19 ● 9 am – Raising a Reader ◆ 9:30 am – Play & Learn ● 11 am – Start with Music	20
22 ● 10 am – Car Seat Safety★	23 ● 9 am – Zumbini® ● 10 am – Storytime and Fun Arts ◆ 5 pm – Safe Sleep	24 ● 9 am – Newborn Care ● 10 am – Creative Play ◆ 11 am – Baby Shower ● 2 pm – Family & Friends® CPR	25 ● 9 am – Baby Signing Time® ◆ 9 am – Women's Self-Improvement Series★ ● 10 am – Creative Supports ◆ 10:30 am – Zumbini®	26 ● 9 am – Raising a Reader ◆ 9:30 am – Play & Learn ● 11 am – Start with Music	27 Car Seat Checkup Event 8 am – 12 pm Valleywise Health Parking Lot 2601 E Roosevelt St. Phoenix, AZ 85008
29 ● 10 am – Healthy Smiles	30 ● 9 am – Zumbini®				Hours: Monday: 8 am - 4:30 pm Tuesday: 8 am - 5:30 pm Wednesday: 8 am - 4:30 pm Thursday: 8 am - 4:30 pm Friday: 8 am - 4:30 pm

● In person | ◆ Virtual

valleywisehealth.org/FRC | frc@valleywisehealth.org

★ Registration Required