

September 2025 – Classes

Valleywise Community Health Center – South Central Phoenix
Family Resource Center
33 W. Tamarisk St., Phoenix, AZ 85041 | 602-344-6660



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
01 FRC Closed	02 ● 10 am – Play & Learn	03 ● 10:30 am – Zumbini® ◆ 11 am – Baby Shower ● 11:30 am – Raising a Reader	04 ◆ 9 am – Women's Self-Improvement Series★ ◆ 10:30 am – Zumbini® ● 11 am – Baby Signing Time®	05 ◆ 9:30 am – Play & Learn ● 10 am – Kinder Readiness	06
08 ● 9:30 am – Farm Express Mobile Market ● 10:30 am – Conversation Café ● 1 pm – Family & Friends® CPR	09 ● 10 am – Play & Learn ● 11 am – Preschool Science on Wheels - It's Slime Time! ◆ 5 pm – Safe Sleep	10 ● 10:30 am – Zumbini® ◆ 11 am – Baby Shower ● 11:30 am – Raising a Reader	11 ◆ 9 am – Women's Self-Improvement Series★ ◆ 10:30 am – Zumbini® ● 11 am – Baby Signing Time®	12 ◆ 9:30 am – Play & Learn ● 10 am – Kinder Readiness ● 11 am – ZooToYou - Animal Habitats	13
15 ● 10:30 am – Conversation Café	16 ● 10 am – Play & Learn ● 11 am – Hispanic Heritage Month Celebration	17 ● 10:30 am – Zumbini® ◆ 11 am – Baby Shower ● 11:30 am – Raising a Reader	18 ◆ 9 am – Women's Self-Improvement Series★ ◆ 10 am – Storytime and Fun Arts ◆ 10:30 am – Zumbini® ● 11 am – Baby Signing Time®	19 ◆ 9:30 am – Play & Learn ● 10 am – Kinder Readiness	20
22 ● 9:30 am – Farm Express Mobile Market ● 10:30 am – Conversation Café	23 ● 10 am – Play & Learn ● 11 am – Family Advisory Committee★ ◆ 5 pm – Safe Sleep	24 ● 10:30 am – Zumbini® ◆ 11 am – Baby Shower ● 11:30 am – Raising a Reader	25 ◆ 9 am – Women's Self-Improvement Series★ ◆ 10:30 am – Zumbini® ● 11 am – Baby Signing Time®	26 ◆ 9:30 am – Play & Learn ● 10 am – Kinder Readiness	27 Car Seat Checkup Event 8 am – 12 pm Valleywise Health Parking Lot 2601 E Roosevelt St. Phoenix, AZ 85008
29 ● 10:30 am – Conversation Café	30 ● 10 am – Play & Learn ● 11 am – MyChart				Hours: Monday: 8 am - 4:30 pm Tuesday: 8 am - 5:30 pm Wednesday: 8 am - 4:30 pm Thursday: 8 am - 4:30 pm Friday: 8 am - 4:30 pm

● In person | ◆ Virtual

valleywisehealth.org/FRC | frc@valleywisehealth.org

★ Registration Required